SECONDARY SCHOOL FORMATS

ENGLAND HOCKEY

There are three formats of hockey which have been designed specifically for children of secondary school age to give them the best and most appropriate age related experience of the game.

ALL SECONDARY HOCKEY

- Recommended secondary formats provide players with more enjoyment, more touches of the ball and more opportunities to develop and practice their skills
- Adapted equipment suitable for use on playgrounds, sports halls, artificial pitches and tennis courts
- Delivery in curriculum or as extra-curricular activity
- CPD opportunities for teachers suitable for all levels of hockey experience

SUPPORT AVAILABLE

- Hockey Hub – an online learning platform with a dedicated teacher's area
- School equipment packs
- Festival organisation and delivery guidance
- Tiered competition opportunities available
- Club school links support

IN2HOCKEY

TAKE IT TO THE NEXT LEVEL

Key Stage 3
11-14 years

6-A-SIDE IN2HOCKEY:

- No goalkeepers
- Added restricted zones for safety
- Amended rules for easy understanding

7-A-SIDE IN2HOCKEY:

- Introduction of goalkeepers
- Introduction of more formal hockey rules, such as penalty corners

Provides a gradual progression into the 11-a-side game

Curriculum Resource and Delivery Cards available

Free online In2Hockey training & leadership courses

SMALL SIDED HOCKEY

Key Stage 3+4
11+ years

HOCKEY'S VERSION OF 5-A-SIDE FOOTBALL

Team sizes and playing space/surface can be adapted to suit your school

Great for those new to the sport or wanting an informal experience

Simple rules and no goalkeepers make the game quick to set up and play

11-A-SIDE HOCKEY

Key Stage 4
13+ years

THE TRADITIONAL VERSION OF HOCKEY

Includes goalkeepers and full rules

Favored by schools with suitable facilities and established hockey delivery