

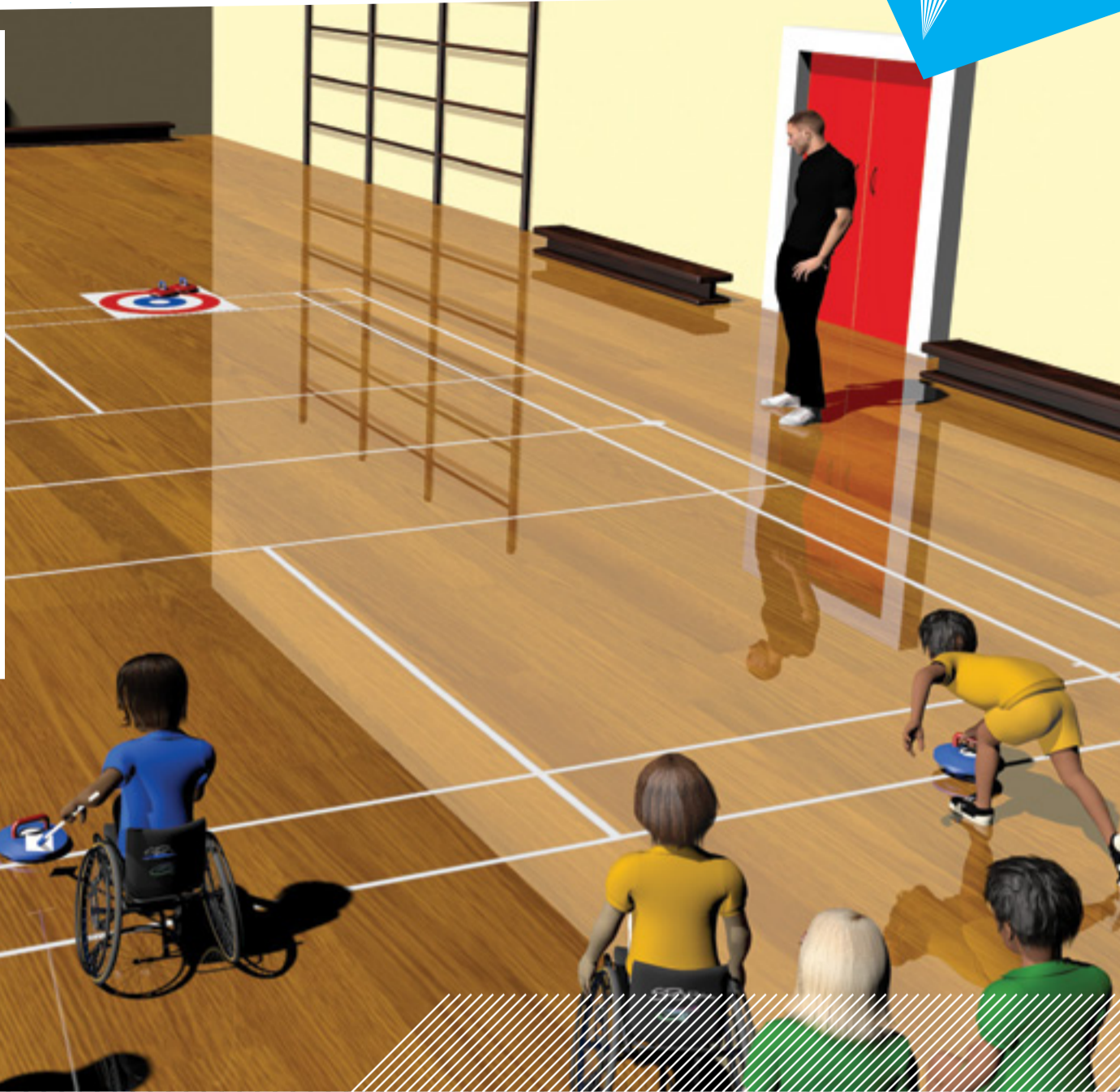
NEW AGE KURLING – TEAM KURLING

Quick introduction

Team Kurling is a fully inclusive exciting target game with teams playing a tactical game of position with the stones.

Getting started

- Teams of two or four players.
- League competition – run throughout the year.
 - Teams play each other once or twice depending on the number of teams.
 - 3 points for win, 1 point for a draw.
 - At the end of the league if teams are drawn play a final game.
- Round robin run on a sports day or end of term.
 - Each round robin is made up of four teams of two or four players.
 - Teams play each other once.
 - 3 points for win, 1 point for a draw.
 - The team with the most points wins.
 - At the end of the league if teams are drawn play a final game.
 - If there are more than four teams create another round robin.
 - The winners of each round robin play off in a final game.



NEW AGE KURLING – TEAM KURLING

Hints and tips

- One game of four ends takes approximately 15 minutes.
- Start with teams of two and then move to teams of four.
- Two games can be played simultaneously on one badminton court.

Leadership and volunteering opportunities

- Officials could score and umpire the games.
- Equipment managers could mark out the courts and look after the equipment.
- Captain of teams decide the order of play and should discuss tactics with the team.

Officiating

- Mark out a badminton court using masking tape for delivery line, near hog line, far hog line and target line.
- Officials can ensure correct order of play and that 'dead' stones are removed from court.
- Officials could also study the abridged official rules.

Think inclusively (STEP)

Space

- Shorten the length of the court for all players if reaching the target is a challenge.

Task

- Players may deliver stones using hands (standing, kneeling or sitting); feet; a pusher.

Equipment

- If short of equipment then for teams of two halve the number of stones per team.

People

- Players with more severe impairments can use a ramp to deliver the stone.



NEW AGE KURLING

TEAM KURLING

Equipment required

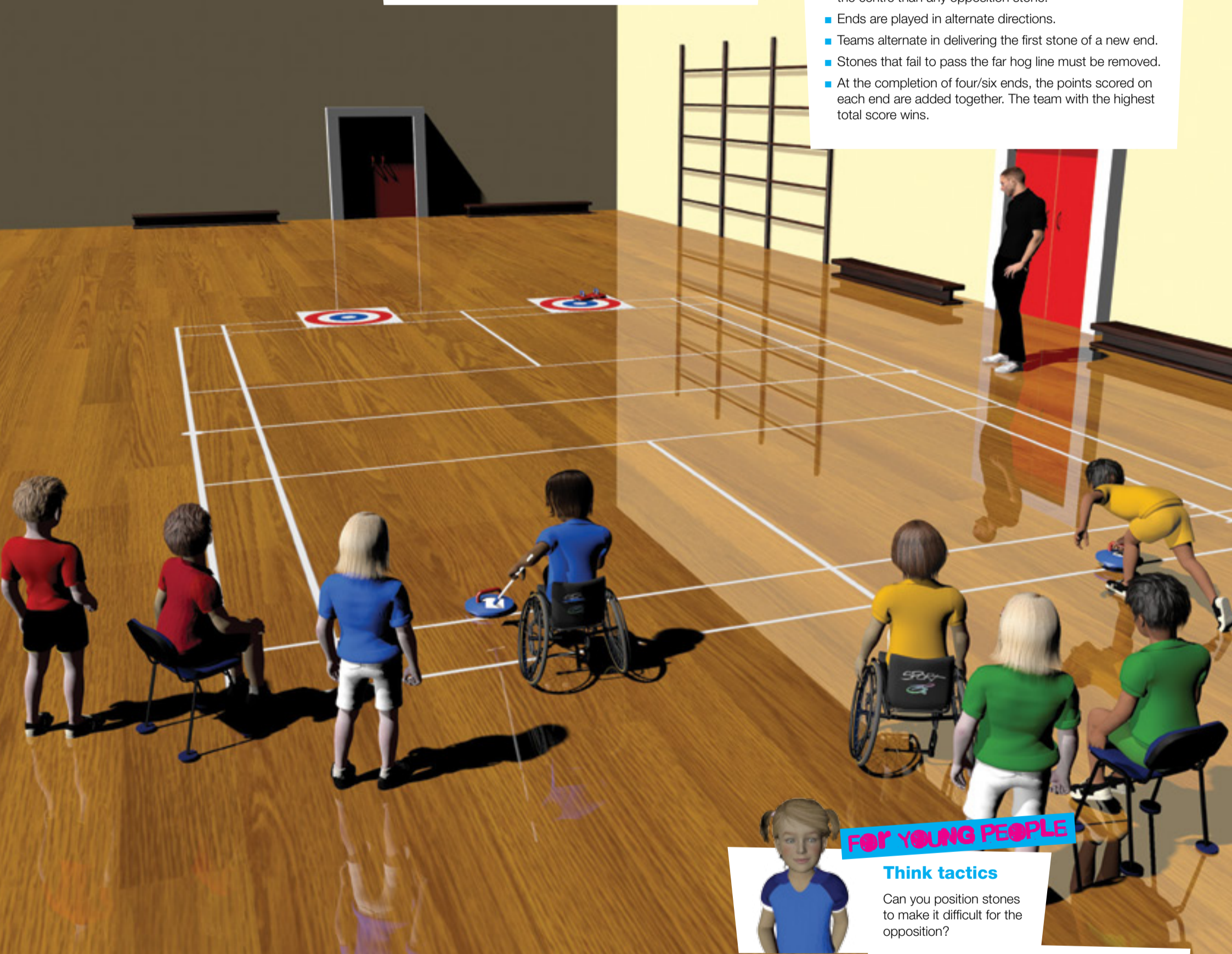
- Half a badminton court.
- Eight kurling stones.
- Two kurling targets.
- Length adjustable pusher (optional).
- Kurling ramp (for the more severely disabled).

Health and safety

- Keep all equipment against the wall when not being used to prevent people tripping over.
- Shoes should be worn in case stones are dropped.
- Encourage players not to wave pushers in the air and not to run across court when the game is in progress.
- Do not stand on the targets as they are not fixed to the floor.

Quick rules

- A coin is tossed to decide which team (red or blue) starts.
- Teams take turns delivering a stone with players delivering in a certain order.
- A game consists of either four or six ends. An end is completed when all 8 stones have been played.
- A team scores one point for each stone that is closer to the centre than any opposition stone.
- Ends are played in alternate directions.
- Teams alternate in delivering the first stone of a new end.
- Stones that fail to pass the far hog line must be removed.
- At the completion of four/six ends, the points scored on each end are added together. The team with the highest total score wins.



FOR YOUNG PEOPLE



Think tactics

Can you position stones to make it difficult for the opposition?

Spirit of the Games: Excellence through Competition



Can you discuss how to play after each stone is delivered?

