BADMINTON ENGLAND

SCHOOL GAMES

# WHY BADMINTON

## What are the benefits of playing my sport?

Badminton is a fun and dynamic sport that can be played as an individual or as part of a team. It is easy to set up with most sports halls having badminton courts. It is not weather dependent, can be easily adapted, and can be played by anyone who wants to regardless of their starting ability level.

## TOP Tip!

Badminton England's SmashUp! programme with its informal youth club setting provides fun but competitive games, making it accessible for all. Harding House SEN school found SmashUp! to be a great introduction to badminton for its students and regularly has 16 students taking part on a weekly basis.

British Paralympic Association

Department for Culture Media & Sport

change 4 life
Eat well Move more Live longer

SPORT ENGLAND
LOTTERY FUNDED

YOUTH SPORT TRUST

# BADMINTON

**Spirit of the Games:**
**Excellence through competition**
How does your sport exemplify these values?

PASSION — Showing passion for your team and for the sport by being enthusiastic to play and support others.

RESPECT — Whether you win or lose, shaking your opponent's hand and saying "well done".

HONESTY — If a line judge doesn't see an 'out' call, being honest enough to correct them.

SELF BELIEF — Even if you are losing, remembering all the training you have done and having the self belief that you can change the score of the game.

TEAMWORK — Ensuring you understand the goal your team is trying to achieve and working hard for your house team, school team or county team to help achieve that goal.

DETERMINATION — Having the determination to practise hard during every training session so you can be the best you can be.

## Priority competitions:

- **Name of the competition:** National Schools Badminton Championships (NSC).
- **Age group:** Years 7, 8, and 9 (KS3) and Years 10 and 11 (KS4). There are separate boys and girls competition categories for each Key Stage.
- **Intra School Competition (Level 1):** There is no National Schools Championships at this level however schools can use the NSC format to select their teams for the Inter School Competition (Level 2) event.
  **Inter School Competition (Level 2):** Local round competition held within SGO Areas. The competitions at this level are organised and run by SGOs.
  **County Final - Inter School Competition (Level 3):** Run by County Sports Partnerships and Local Organising Committees.
  **Regional Final:** Regional round competition. Run by delivery partners appointed by Badminton England.
  **National Final:** Held over a weekend. Run by Badminton England.
- **How to enter (e.g. via SGO):** Enter the NSC via your SGO prior to the Inter School Competition (Level 2) local round competition. Entry to the NSC includes the opportunity to progress from each round potentially all the way to the National Finals Weekend. Free certificates and shuttles are available throughout all the competition levels.
- **When (e.g. preferred time of year to run):** Entries are open from the start of each school year with the National Finals Weekend held in April or May.
- **Next steps after this competition:** Badminton England has a National Junior League structure for school and club players to participate in as well as an extensive Junior competition circuit. For further information visit **http://clubfinder.badmintonengland.co.uk/**

## Where do young people go next (from school to club/community)?

Badminton England has a National Junior League structure for school and club players to participate in as well as an extensive Junior competition circuit. School players can create a team from within their school or can be part of a team made up by a local club.

For further information on competition including the National Junior League please visit **www.badmintonengland.co.uk/competition**.

For details of local badminton clubs please visit **http://clubfinder.badmintonengland.co.uk/**

## Young Leader/Officials courses/qualifications available:

- Young Officials Award (YOA) (14-19)
- Young Leader Award (YLA) (13+).

## Embracing the School Games Vision

**Development Competitions** provide an opportunity to engage all young people.
Utilising the NGB format, consider:

- Identifying targeted participant groups (i.e. gender, physical activity levels, impairment groups).
- Using the STEP principles to condition activities.
- Consider how to reward success – what does it look like?

## Signposted competitions:

### The Racket Pack Smash Festival

- Years 1 and 2 (mixed gender teams of up to 8 players)
- Intra School Competition (Level 1)
- SGO, teachers, coaches – with young leader support
- All year round
- The next step is the Racket Pack Tink Tournament

### The Racket Pack Tink Tournament

- Years 3 and 4 (mixed gender teams of up to 6 players)
- Intra School Competition (Level 1)
- SGO, teachers, coaches – with young leader support
- All year round
- The next step is the Racket Pack Flo Tournament

### The Racket Pack Flo Tournament

- Years 5 and 6 (mixed gender teams of up to 6 players)
- Intra School Competition (Level 1)
- SGO, teachers, coaches – with young leader support
- All year round
- The next step is the National Schools Championships which is our priority competition

- Templates can be downloaded from **www.badmintonengland.co.uk/racketpack**

## Relevant web links:

**www.badmintonengland.co.uk**

# BADMINTON

## Competition Card 1

### Primary or Secondary:

Secondary

### Name of competition:

National Schools Championships

### Age group:

KS3 Years 7, 8 and 9
KS4 Years 10 and 11

### How to enter:

Via your local SGO

### Tournament format:

Central venue league

### Relevant web links:

www.badmintonengland.co.uk/nsc

### Simple rules:

- Teams consist of five players with any four taking part in each match. The fifth player can be used in any match and not just as a reserve in case of injury.
- There are four competition categories — KS3 Boys, KS3 Girls, KS4 Boys, and KS4 Girls.
- Each rubber within a match should be one game with the winner being the first to 21 points. There should be no setting (extended scoring) so a rubber can be won 21-20 rather than there needing to be 2 clear points in favour of the winner for the game to end.
- Each match should consist of five rubbers (2 singles and 3 doubles).
- Shorter games (e.g. first to 15 points) can be used if necessary.
- Full size sports hall badminton courts should be used.

Full competition rules and regulations are available at: **www.badmintonengland.co.uk/nsc**

### Think inclusively!

The inclusive competition is an individual event. A single game, rather than three, is played to 21. A points adjusted system is operated with the player's classification decided by their school. Courts can be adapted to half size with other rule variations according to the classification.

For further information on inclusive badminton formats, please email: **development@badmintonengland.co.uk**

### How can regularity be achieved?

The NSC level 2 round is best played in a league format making it relevant to more children and providing a greater competition experience
The suggested format allows for each participant to play on three separate occasions. Winners of the local round will progress into the county round, with an opportunity for the runners up of the local round to access further School Games competition.
Competition templates are available at
**www.badmintonengland.co.uk/nsc**

### Roles for young people:

The National Schools Competition empowers young people to support the running of the competition by enabling them to complete roles such as: scoring, line judging, umpiring and tournament organising. These roles are specifically covered within the Young Officials Award. There are also further opportunities for them to develop through the Leaders Award which would then give them the knowledge to prepare the competition information including scheduling.

Young Leaders are needed throughout all stages of the competition including the final which is held at the National Badminton Centre.

### How can depth in competition through extra teams be achieved?

The National Schools Championships is played using a team format, therefore, providing schools with the opportunity to engage a wider number of young people within the competition, as well as those who are less active.

This is further supported by the league format which allows schools to enter multiple teams, and thus forming A,B and C teams. This enables schools to increase the number of young people participating and experiencing badminton competition.

Schools can enter up to three teams within each event category — KS3 boys and girls and KS4 boys and girls. This means one school could enter up to 12 teams.

### The route from here to County Final - Inter School Competition (Level 3)

Winners of the NSC Inter School Competition (Level 2) will progress to the NSC County Final - Inter School Competition (Level 3). The NSC County Final and the School Games Festival for badminton can be merged into one event.

SCHOOL GAMES

BADMINTON ENGLAND