

GOALBALL – MODIFIED

Quick introduction

Modified goalball is a 3v3 game that is played on a badminton court (or similar size space). All players wear eyeshades so a bell ball is used. The aim of the game is to score a goal by rolling the ball across the opponent's goal line. The game is non-invasive, so players must stay on their mats at all times during the game.

Getting started

- When the ball is rolled there are 4 possible outcomes:
 1. Goal (ball crosses opponent's goal line) - game restarted by the team who conceded the goal.
 2. Out (ball rolls over the side line) – game restarted by the other team.
 3. Blocked (defending team stops the ball/prevents a goal) – game continues with the defending team becoming the attacking team.
 4. Blocked Out (the defending team pushes the ball out) – game restarted by the team which blocked the ball.



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Hints and tips

- Stand up to roll the ball to generate more power.
- Make your body in to the biggest barrier possible to have the best chance of defending the ball.

Officiating

Referee

- Announces when a goal has been scored or if a rule has been broken.

Goal Judge

- Stands by a goal post and indicates when the ball has crossed the goal line.
- Collects the ball when it goes out of play and then gives it to the appropriate player to restart the game.
- Re-positions the player's mats when necessary.

Think inclusively (STEP)

Space

- Change the size of the court (so players have less or more reaction time).

Task

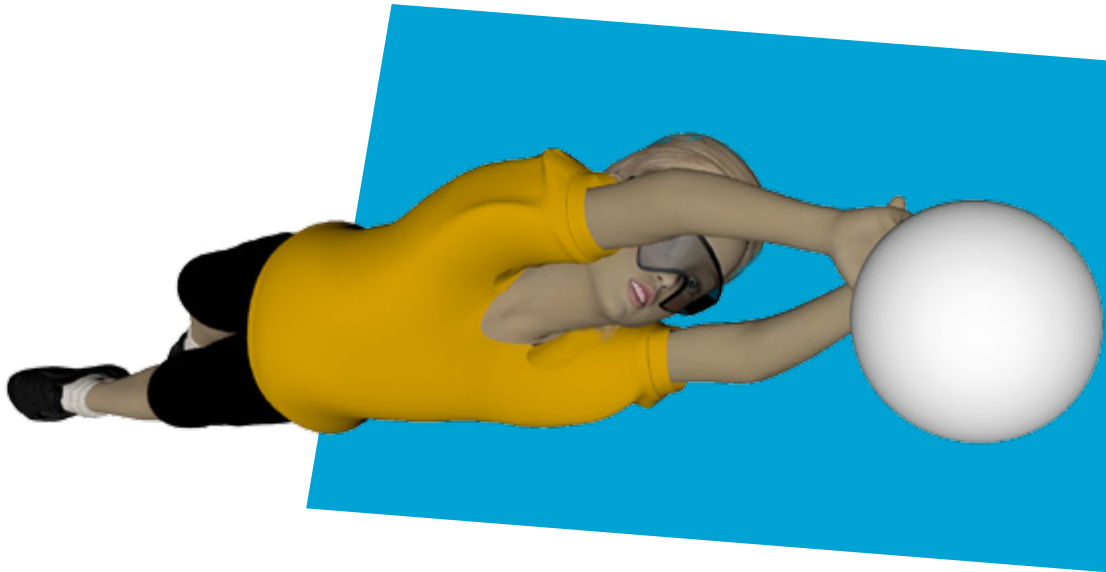
- Consider bonus points; for example, double points for a goal scored with your non-dominant hand.

Equipment

- Change the size and weight of the ball (so players roll it slower or faster).

People

- Decrease the number of players in a team (to make it easier when attacking and harder when defending).
- Wheelchair users who can't transfer to a mat can use their chair to block the ball and a ramp to roll the ball.
- Assign a 'tapper' to a hearing impaired player who sits behind them and when the ball is travelling towards them, taps them on their left shoulder if it is to their left, right shoulder if it is to their right , or both shoulders if it is straight at them.



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Quick rules

- The opposition receive the ball if players do not keep to these rules:
 - Players must stay on their mats at all times during the game
 - Players must roll the ball (underarm only) – no kicking
 - When the ball is rolled, it must reach the mats of the opposition players.
 - Players must keep their eyeshades on for the duration of the game.

Equipment required

- 1 bell ball per group
- 1 pair of eyeshades per player
- 1 gym mat per player

Health and safety

- Ensure the ball is the appropriate size and weight for the age and/or ability of the players
- Ensure the ball is rolled along the floor.
- Encourage players to protect their face with their top arm when defending.
- Ensure there is enough room between the court and the walls.
- Encourage players to position themselves close to the front edge of their mat to prevent the ball from popping up (and over them)
- Because players are wearing eyeshades and using bell balls the noise levels must be kept to a minimum so players can hear the ball.



FOR YOUNG PEOPLE



Think tactics

When defending, react to the ball – listen, decide, dive.

Spirit of the Games: Excellence through Competition



When my team scores a goal I clap and cheer.



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