

Alexia . Hodgson

Department

In Year 8 I was fortunate to be picked by the PE ^{enough} to form the sports leaders group along with 5 other girls. For this went around to school competitions and helped to run them eg Hylands sports day. For each event, we went to a training session which were mostly held at the YMCA along ^{with} many others eg Albany. At these sessions we learnt how to run the event and the rules of the game eg Cricket. ~~This was the last event we~~ The last event we went to was Hylands sports day and we hope to do many more in the future. I am very grateful for all the opportunities sports leaders has gave me.

This year I was picked to take part in a sports leaders programme. Doing this I ~~to~~ learned communication skills like: body language, projecting your voice and eye contact. We ~~to~~ ~~had~~ ~~an~~ ~~exp~~ ~~experienced~~ working with younger children and taking charge. We ~~learned~~ learnt how to set up equipment and how to talk to children using simple sentences and words. I was honoured to be picked as part of this opportunity.

Charlotte
Ling.

I was honoured when I was selected to be a sports leader as I was one of the 5 out of 250 in my year to be chosen. It has given me a chance to develop the skills of recording athletic events properly which overall was interesting (being in the opposing position of recording and not competing). The training sessions were enjoyable yet helped me realise the importance of officials in sport, and how without them, there would be ^{no} sport. I am proud to say I am a Sports Leader and I am lucky enough to be able to compete and record sports.

Lway Alves_x

Bethany
Hawkins

I was picked for sports leaders in year 8 by the p.e teachers. To work with 5 other girls to help teach young children sports, plus run competitions like sports day. For each event, we went to a training session which were mostly held at the YMCA along with many other schools. At these sessions we learn't how to run the event and the rules of the game. We went to many events and really enjoyed it, we wish to do many more. I am very grateful for this opportunity, to be part of the sports leaders.

Maddie Biggs

volunteering has allowed me to build confidence when talking to children, and to show empathy. It has also helped me build confidence as I am being chosen for a job and to help others. It also helps you to gain experience and new skills as well as gives you more patience with other people.

Alaro Odoch

Volunteering has helped me to become more patient with others around me. I have learned to be organised when carrying out tasks. Becoming a young leader has given me the opportunity to meet new people and to try something new. Additionally, I have learnt how to show empathy when someone might be struggling or in need of help. Overall, through volunteering I am able to get more involved.

Alexia Hodgson Yr 10

By volunteering, I have learnt many skills such as teamwork. I know how to work with many people and how to put multiple ideas together to create an amazing outcome. Through volunteering I have learnt skills that I can apply to everyday life and use when I am in games and in need of tactics. Volunteering helps you communicate with people from other schools and year groups.

Olivia Kennedy - Year 10

From doing the various volunteering activities, I feel like I have gained leadership skills and also become more confident. By not only talking to the kids that participate in the activities, but the adults and other leaders, it is a good opportunity to create team building qualities. The skills I have learnt also have helped me with other sport commitments outside of school. On top of the skills I have gained, I have thoroughly enjoyed the days that I volunteered.

Naomi Jaggar Year 9

I have volunteered to be a sports leader and go to various events. From this experience, I have learned how to communicate better in my speech with both children and adults. It has also helped me gain more confidence in leading activities whatever it may be. I've learnt how to work in a team I have not chosen and be my own individual; I have benefitted greatly from it.

Sana Ashraff year 10.

Volunteering has helped me gain confidence and has improved my communication skills. It has given me an opportunity to communicate with children, adults and other leaders. I have learnt many new skills which are useful in everyday life. It was a very enjoyable experience and I'd ^{still} like to continue volunteering.

Melody W Year 9

Volunteering has given me lots of experiences inside and outside of school, working with children of different ages. It's enjoyable but also quite challenging. Through volunteering, I have been able to work on my organisation skills, since working with and guiding children has lots of different levels of preparation. Having good organisation skills have made it easier to cope with busy school schedules.

Daisy Bentley

year 10

I think that from the experience of volunteering I ^{have} learnt how to work as a team and how to distribute jobs so that everyone has an equal role. I also think it helps me to build leadership skills as I know that sometimes I may have to step forward and take charge. ~~This also~~ I can take these skills away with me and put them to use as I am also a coach for young children learning gymnastics, volunteering gives me the confidence I may need and ~~helps me~~ gives me advice I can use in the future as I am not only working with my peers but teachers and students from other schools. I think these team building exercises are key in my learning.