

BOWLDOVA



Quick introduction

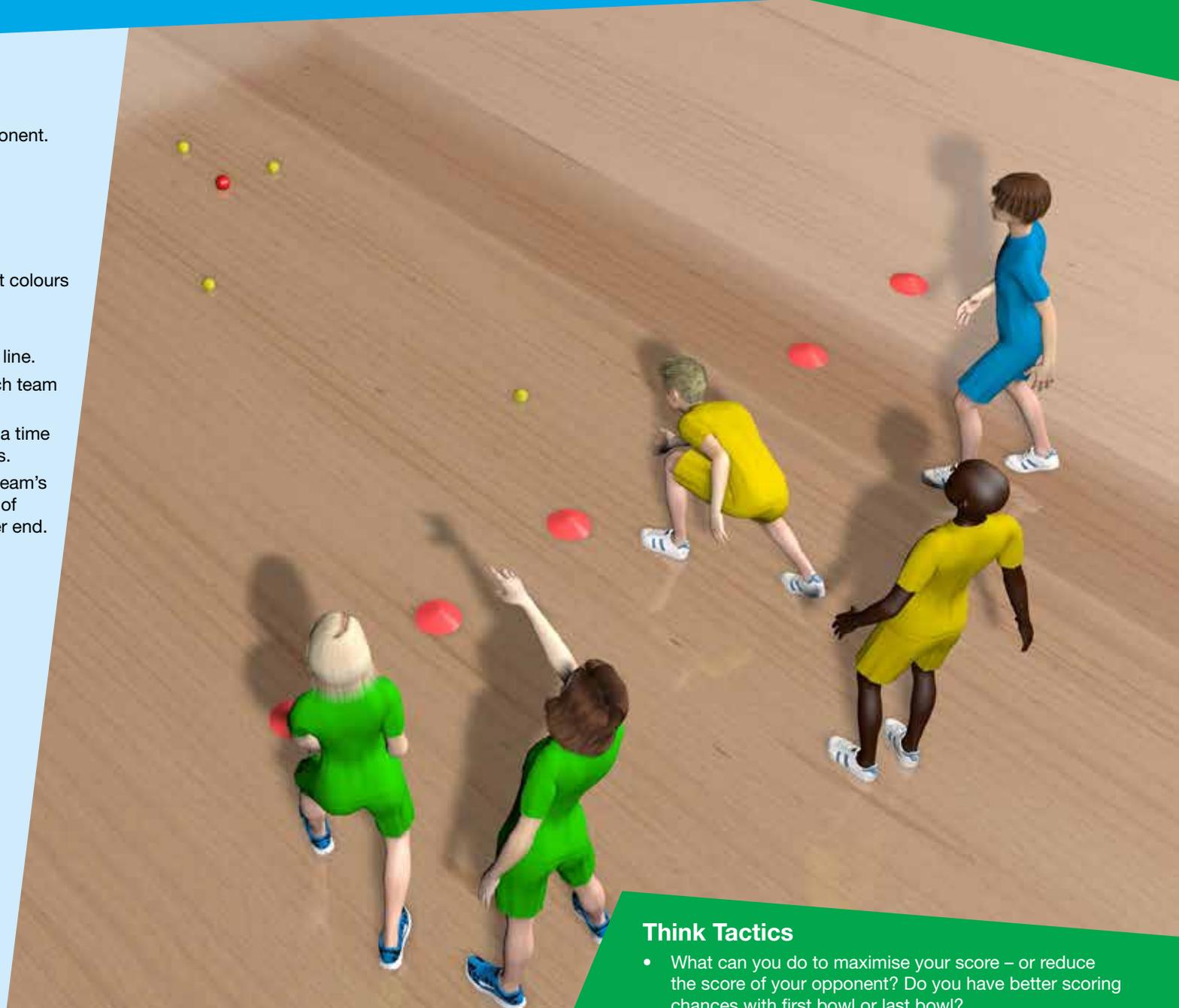
This game will introduce players to the sport of bowls – playing in pairs to get closer to the target than their opponent.

Getting started

- Four players (to play in two pairs).
- A smooth playing surface measuring 8m x 3m.
- Two balls per player i.e. tennis balls – ideally different colours for the opposing pairs.
- One target ball i.e. cricket ball.
- The target ball is placed six metres from the delivery line.
- The players toss a coin (or similar) to determine which team goes first.
- Each player in turn rolls one ball (alternate teams) at a time towards the target until all players have had two balls.
- Each team scores one point for the number of their team's balls that are nearer to the jack than the nearest ball of their opponent – maximum score per team is four per end. Complete four games with each player taking a turn to play first.

Health and safety

- Soft balls/tennis balls should be used.
- Ensure no spare or loose balls are left lying around the playing area.
- Ensure players wait their turn.
- Ensure players roll bowls underarm towards the target – no throwing.
- Players must wait until all players have delivered both balls before retrieving balls from the scoring area and returning to their allocated corner ready for the next game.



Think Tactics

- What can you do to maximise your score – or reduce the score of your opponent? Do you have better scoring chances with first bowl or last bowl?

Organising the game session

- If players are taking too long to bowl, a player from the opposite team can count to 10 in seconds. The player must bowl before the time is up.
- Teams should wear different coloured shirts/bibs.

Officiating/Leadership

- Non-players could act as score keepers.
- They could also assist with determining the closest bowl/s using a measuring tape in case of any dispute.

Think inclusively

- All players could deliver bowls from a seated position.
- Players may use ramps to deliver bowls if unable to roll their bowl.

Big ideas

- Copies of the rules will be available online.
- Feedback will be sought via www.bowlsengland.com

Keeping it fun

- Each team should consist of two players at any one time.
- In case of odd numbers, additional players could interchange between games.
- To make the game easier, the target ball can be moved closer to the delivery line.



Sporting ME Spirit of the Games

Excellence through competition



Respect: Say 'good shot' to ANY player, team mate or opponent, when they bowl well

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