

# NEW AGE KURLING – TEAM KURLING

## Quick introduction

Team Kurling is a fully inclusive exciting target game with teams playing a tactical game of position with the stones.

## Getting started

- Teams of two or four players.
- League competition – run throughout the year.
  - Teams play each other once or twice depending on the number of teams.
  - 3 points for win, 1 point for a draw.
  - At the end of the league if teams are drawn play a final game.
- Round robin run on a sports day or end of term.
  - Each round robin is made up of four teams of two or four players.
  - Teams play each other once.
  - 3 points for win, 1 point for a draw.
  - The team with the most points wins.
  - At the end of the league if teams are drawn play a final game.
  - If there are more than four teams create another round robin.
  - The winners of each round robin play off in a final game.



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## Hints and tips

- One game of four ends takes approximately 15 minutes.
- Start with teams of two and then move to teams of four.
- Two games can be played simultaneously on one badminton court.

## Leadership and volunteering opportunities

- Officials could score and umpire the games.
- Equipment managers could mark out the courts and look after the equipment.
- Captain of teams decide the order of play and should discuss tactics with the team.

## Officiating

- Mark out a badminton court using masking tape for delivery line, near hog line, far hog line and target line.
- Officials can ensure correct order of play and that 'dead' stones are removed from court.
- Officials could also study the abridged official rules.

## Think inclusively (STEP)

### Space

- Shorten the length of the court for all players if reaching the target is a challenge.

### Task

- Players may deliver stones using hands (standing, kneeling or sitting); feet; a pusher.

### Equipment

- If short of equipment then for teams of two halve the number of stones per team.

### People

- Players with more severe impairments can use a ramp to deliver the stone.



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### Equipment required

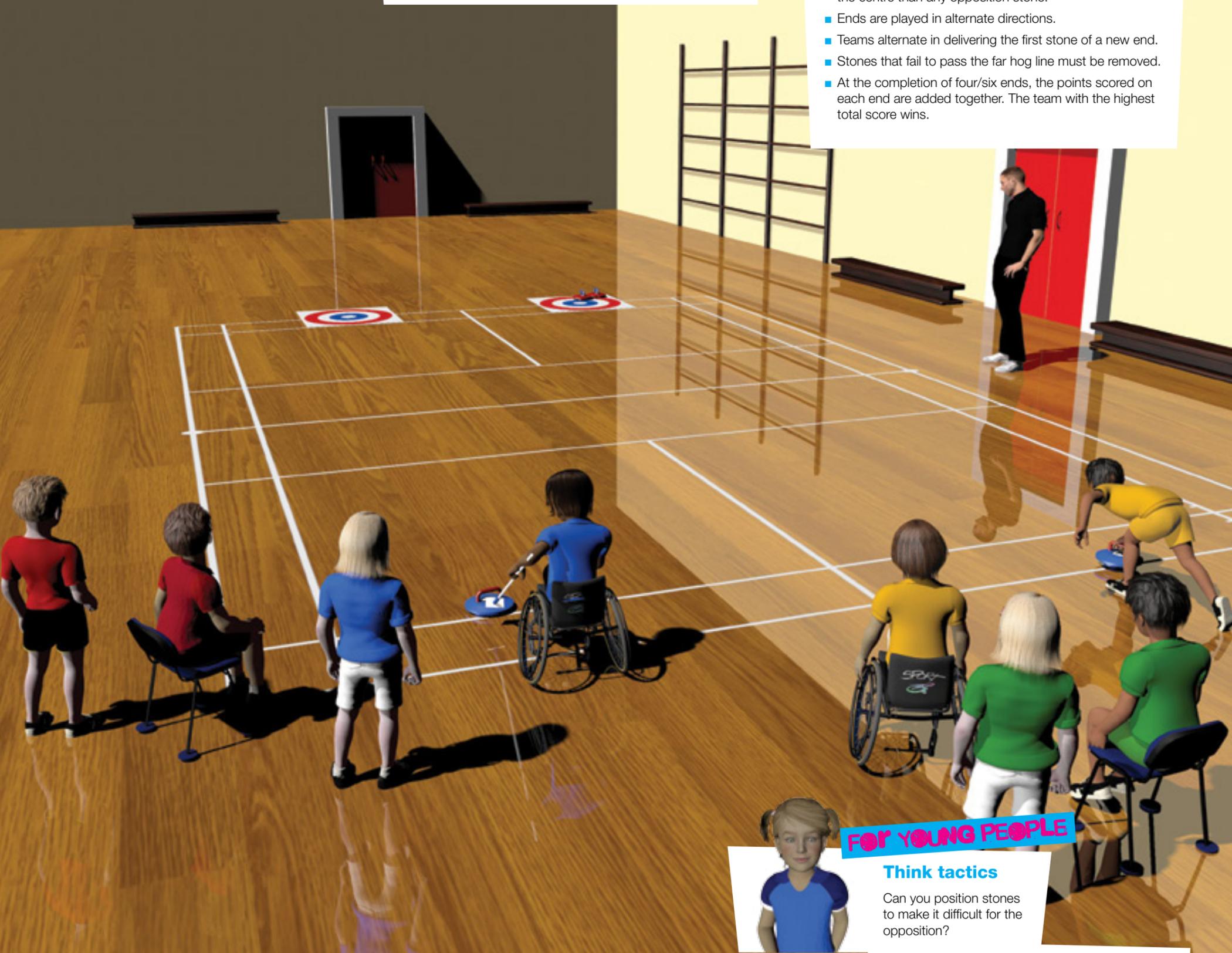
- Half a badminton court.
- Eight kurling stones.
- Two kurling targets.
- Length adjustable pusher (optional).
- Kurling ramp (for the more severely disabled).

### Health and safety

- Keep all equipment against the wall when not being used to prevent people tripping over.
- Shoes should be worn in case stones are dropped.
- Encourage players not to wave pushers in the air and not to run across court when the game is in progress.
- Do not stand on the targets as they are not fixed to the floor.

### Quick rules

- A coin is tossed to decide which team (red or blue) starts.
- Teams take turns delivering a stone with players delivering in a certain order.
- A game consists of either four or six ends. An end is completed when all 8 stones have been played.
- A team scores one point for each stone that is closer to the centre than any opposition stone.
- Ends are played in alternate directions.
- Teams alternate in delivering the first stone of a new end.
- Stones that fail to pass the far hog line must be removed.
- At the completion of four/six ends, the points scored on each end are added together. The team with the highest total score wins.



### FOR YOUNG PEOPLE



#### Think tactics

Can you position stones to make it difficult for the opposition?

#### Spirit of the Games: Excellence through Competition



Can you discuss how to play after each stone is delivered?

