





## Yr5/6 hockey Festival

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Wednesday 21<sup>st</sup> February @ Marl Coll (Astro) 9am-1pm Thursday 22<sup>nd</sup> February @ Wellington (Astro) 10am-2pm

Main intent: Adapting the format to increase motivation

Teams 7-a-side with a max squad of 10 players. Teams should be mixed with at least 3 girls on the pitch.

Marl Coll will run two 4-a-side pitches and two 7-a-side pitches like previous years. If enough schools enter that are small enough to have mixed year groups, then I will look to adapt the 7-a-side to have a league just for them and a league just for the larger schools.

Rules:

Free hit for back of stick, feet, height of stick. Ball is taken where it happens unless near the D and then must move it back to be in line with the cones.

Shoot from inside of D.

There is no GK.

Push in from side line where it goes off the side.

Defenders must be 5m away from free hits.

Team that doesn't score takes the restart.

Hit off the backline by attacker is a free pass from top of D by defender.

Hit off the backline by defender is a corner pass by attackers.

If you need more info you can download from School Games website Area Profile.

Schools to bring own 1<sup>st</sup> Aid kit, hockey sticks, warm-up balls, bibs (in case of colour clash) Pupils will be outside so please ensure they are appropriately dressed for the weather.

Shin pads are essential but gum shields are optional.

Please ensure footwear is suitable for Astro.

Please also ensure pupils have plenty to drink and eat.

I will aim to allow schools 2 teams but if you wish to put more teams on a reserve list then please let me know and I will fill any spaces fairly, once the deadline has ended. I will aim to have A and B leagues to allow for fairer competition – A league should know rules and be fairly competent players. B league is more for developmental play for those lacking in skills and knowledge.

Deadline for entry: Friday 2<sup>nd</sup> February

£15 per school entry

These events are very soon after the Feb half term break so all admin will be done in term 2.

All schools MUST complete an entry team sheet.

Please send your entries or queries to Charlie at: <a href="mailto:avonvalleysgo@gmail.com">avonvalleysgo@gmail.com</a>