

KS1 quadkids athletics Festival



Tuesday 30th April @ Avon Valley (field near pool) 10am-1.30pm

Wednesday 1st May @ Wellington (Astro) 10am-1.30pm

Thursday 2nd May @ Marl College (athletics area) 9am-12.30pm

Main intent: Considering age or maturity levels to support competition and foster social connections.

A new event for the calendar!!

I am very excited to offer athletics to KS1 - it is a version of the KS2 Quadkids but with slightly different activities.

Maximum of 8 per team – 4 boys and 4 girls from KS1.

Events – each athlete competes in 4 events. The boys and girls from each team will rotate around as separate groups and compete against other boys and girls

- 50m sprint race
- 200m run
- Vortex howler throw
- Standing long jump
- Canon relay (if time)

If you need more info you can download from School Games website Area Profile (although I am adapting the 'normal' Quadkids format)

Schools to bring own 1st Aid kit.

Pupils will be outside so please ensure pupils are appropriately dressed for the activity and weather.

Please also ensure pupils have plenty to drink and eat.

I will allow schools to enter 2 teams but if you wish to enter more I can add them to the reserve list and when the deadline has passed I will allocate any spaces fairly.

At Marl College we have no secondary leaders so I am hoping schools are able to bring some Yr5 sensible and responsible leaders who could help with judging and timekeeping.

Deadline for entry: Thursday 28th March (just before Easter hols)

£15 per school entry

All schools **MUST** complete a team sheet.

Please send your entries or queries to Charlie at: avonvalleysgo@gmail.com