



Basketball

Format	5v5
Team Format	
Team Numbers	12, at least 5 boys and 5 girls
Age	Year 5 & 6
Gender	Mixed
Competition Format	
Ball Size	5
Court Size	Cross court (half a sports hall)
Basket Height	Full height baskets
Duration	15 minutes in total (6 minute halves; 1 minute half time; 2 minute change over) **please note that times may be subject to change dependant on team numbers
	<ul style="list-style-type: none">• Girls will play the first half of a game and boys the second half.• Each game is started by a jump ball in the centre circle and begins when the ball is tapped in by one of the jumpers.• Players may be substituted at any time on a dead ball• After a basket, the opponents will be given the ball to make a throw in from any point behind the baseline. The opposing team must return to their half.• A Size 5 ball shall be used.• No contact.• One step while holding ball.• One dribble – a dribble is a continuous bouncing action. <p><i>Violations</i></p> <ul style="list-style-type: none">• If any violation is committed, the non-offending team should take a throw in from the side line.• Violations Include:<ul style="list-style-type: none">○ Deliberately kicking the ball or striking it with a fist.○ Knocking the ball out of the side lines.○ Dribbling with two hands on the ball at once or letting the ball come to rest on two hands then continuing to dribble (double dribble).○ Running with the ball (travelling). <p><i>Fouls</i></p> <ul style="list-style-type: none">• A personal foul involves personal contact with an opponent, if this occurs it is side line ball to the opposing team.• Continuous fouling will result in the player being substituted.
Scoring	<ul style="list-style-type: none">• A team must make 3 consecutive passes before they score• To score a team must make a basket• 2 points are awarded per basket