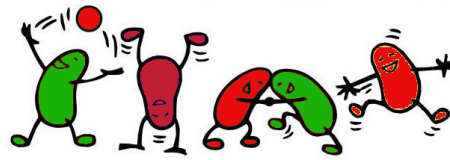


FEEL FAB CHRISTMAS STARS



FIND YOUR CHRISTMAS STARS



NAME _____

HOW MANY



DID YOU COLLECT?



IF YOU NEED TO RESEARCH SOME OF THE ACTIVITIES ONLINE MAKE SURE YOU ASK PERMISSION FIRST. IT'S A GOOD IDEA TO ASK FOR SOME HELP FROM AN ADULT & STAY SAFE WHEN TRYING ANYTHING NEW. Activities can be done in any order. Certificates are available from your school.

Can you achieve CHRISTMAS GOLD by collecting at least 7 stars from the list? Let your teacher know if you do!

We would love to see some of your attempts on Twitter using [#FeelFabChristmasStars](#) and tagging: [@AshtonSSP](#) [@CSETSports1](#) [@NSSPEA1](#)

Go for a 'Christmas lights walk' as a family - where are your favourite lights?



Perform at least one random act of kindness a day.



Set yourself a daily Christmas Star Jump challenge e.g., 3 sets of 10. How many can you do a day?



Make a Christmas table decoration and design your own name place markers for your family.



Make Christmas cookies or mince pies. You could go big and make a gingerbread house!



Host a Christmas games night and play all of your favourite games.



Make your own Christmas music playlist... what songs will you choose?



Ride your bike, walk or scoot for at least 10 minutes a day.



Organise a Christmas movie night or even a whole week, then everyone gets a chance to watch their favourite film.



Is it going to be a white Christmas? If so, why not get outside and have fun! No snow? Enjoy playing outdoors anyway!!



Turn your Christmas cards into next year's present tags.



Donate or gift a toy or something else in new or good condition to charity.



Make up your own game using balloons. Give it a name and play it with your friends or family.



Get creative with art... make a snowman or angel paperchain. Perhaps even design your own tree ornaments.



Enjoy reading a Christmas book... maybe a trip to the library is needed?



Prepare hot chocolate for your friends or family. Will you be adding marshmallows and whipped cream?

