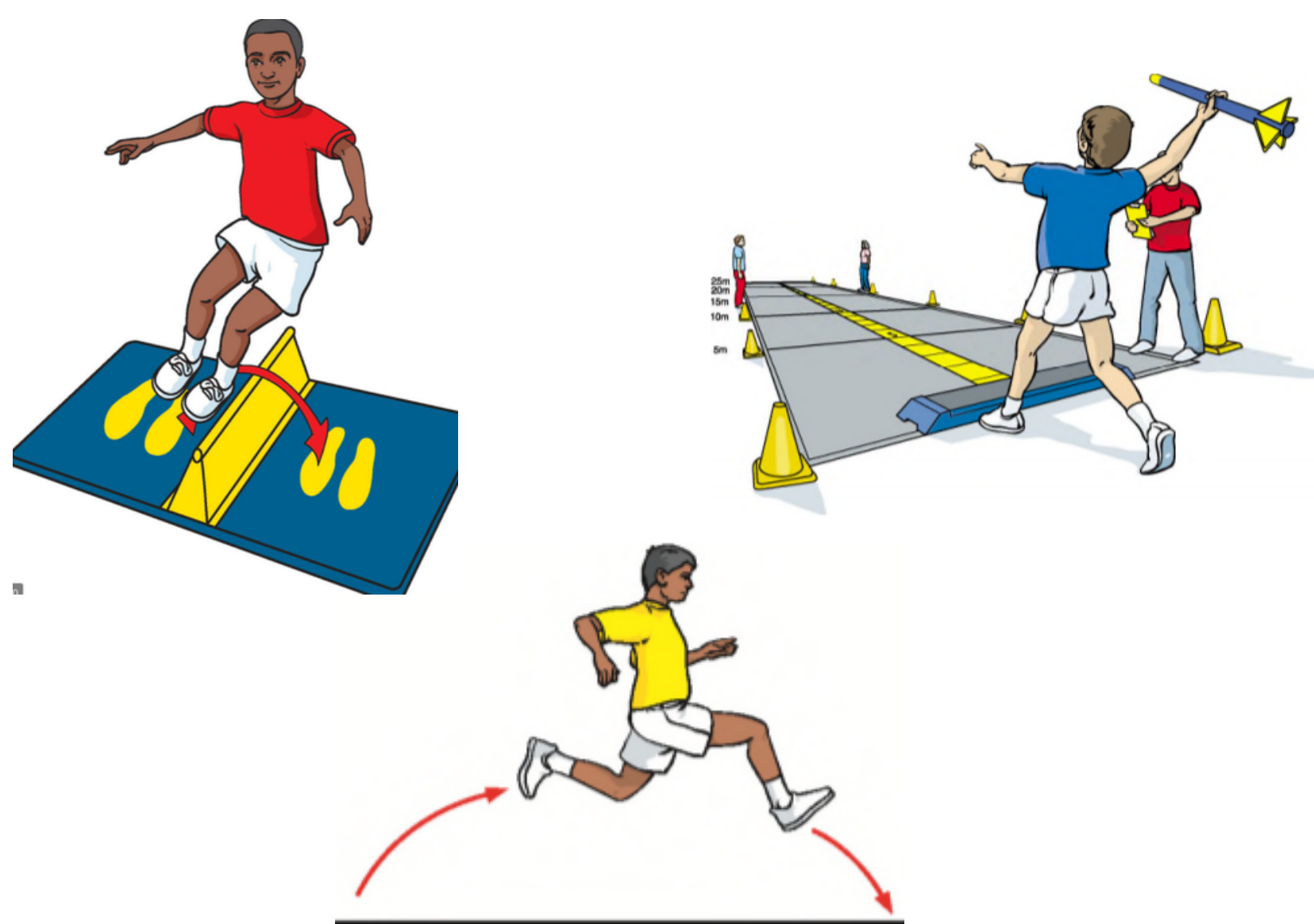




SCHOOL GAMES



Team Wigan



Year 5&6 Sportshall Athletics Competitive Event

NO SPECTATORS



DEAN TRUST Wigan



Lowton
Church of England High School



Who?

This competition will target young people who are involved with sport at clubs and in school. Full rules will be adhered to and pupils should be well prepared to participate and confident with their understanding of the sport.

On your marks



Creating positive experiences

Why?

To support individual development in sport

Team Composition

Minimum team size 9 boys & 9 girls, maximum team size 15 boys & 15 girls. Athletes can take part in a maximum of 2 track & 2 field events.

Get Set



Event Format

The event will follow traditional sportshall athletics format. Pupils will be scored accurately based on performance with no coaching opportunities given.

Event Staff

The event will be supported by Sports Leaders from local high schools and Wigan & Leigh College students.

Go



Rewards

Participation certificates will be available to all schools electronically. Bronze, Silver, Gold medals will be awarded to top 3 schools.

See next pages for timetable & team sheet.

Rotation	Track	Field
1	Obstacle Relay - Girls Obstacle Relay - Boys	
2	1 + 1 Lap Relay - Girls 2 + 2 Lap Relay - Girls	Boy number 1 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
3	1 + 1 Lap Relay - Boys 2 + 2 Lap Relay - Boys	Girl number 1 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
4	6 Lap Parlauff - Girls	Boy number 2 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
5	6 Lap Parlauff - Boys	Girls number 2 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
6	4 x 1 Lap Hurdle Relay - Girls (<u>Non Scoring</u>)	Boy number 3 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
7	4 x 1 Lap Hurdle Relay - Boys (<u>Non Scoring</u>)	Girl number 3 Chest Push, Standing Triple Jump Standing Long Jump, Vertical Jump
8		All 3 Boys Speed Bounce All 3 Girls Soft Javelin
9		All 3 Boys Soft Javelin All 3 Girls Speed Bounce
10	4 x 1 Lap Relay - Girls 4 x 1 Lap Relay - Boys	



Health and Safety

First Aid is the responsibility of the staff responsible for the team.

Long hair must be tied back

No jewellery should be worn

All loose clothing must be tucked in.

No chewing gum/sweets allowed.

Please ensure your pupils bring with them any medical supplies they may need i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when performing.

Please ensure that your pupils have been thoroughly briefed with regards to health and safety



Contacts



Cathy Robinson (West): CathyRobinson@DeanTrustWigan.co.uk

<https://www.yourschoolgames.com/sgo/dean-trust-wigan/>

Sharon Walls (East): wallsS@lowtonhs.wigan.sch.uk

<https://www.yourschoolgames.com/sgo/lowtonwigan/>