



# SCHOOL GAMES PERSONAL BEST CHALLENGES

## ACHIEVE YOUR BEST

30 SECOND TIMED CHALLENGE  
HOW MANY CAN YOU DO...

### LEVEL 2 / 3

PERSONAL CHALLENGES (30 SECONDS)

GYMNASTICS

#### 1. SEND

BALANCE OBJECT ON HEAD  
(BEAN BAG, SMALL ANIMAL ETC)



#### 2. DEVELOPMENT

STORK  
BALANCE



#### 3. ADVANCED

STORK BALANCE  
ON LINE



#### SCHOOL GAMES ORGANISER AREA'S

