

SPORTS BINGO



Can you complete a line from top to bottom?

A line across? A full house?

**Don't forget to tag the Dorset SGO's into your tweets or Instagram posts
@DorsetGames**

Bingo Key Activity

Physical Activity

Creative Challenge

Researching Task



Create your own team mascot – draw it, paint it, make it.	Have a go at 5 of the daily challenges set by Dorset School Games (@DorsetGames on Twitter) – can you improve your scores	Find out about a local sports club near you. Make an advertising poster for it.	Set up the most creative obstacle course you can design (make sure it's safe).	You have been selected as the team captain for Team GB at the Tokyo Olympics – write a team talk you would give before your first game.
Choreograph your own Olympic Opening Ceremony Dance routine	Can you juggle? What can you juggle with?	Try Yoga – Cosmic Yoga	Create an A-Z of Olympic sports with your family. How many have you tried, how many would you like to try?	Find a local sports club provider that your school doesn't have as a club at the moment – design a poster to advertise it
Look at past Olympic posters and create your own for the Tokyo Olympics.	Skip for as long as you can, use some rope, a hoop or around the garden.	Do a Joe Wicks PE workout	Can you recreate your most favourite sporting moment and film it?	Make a target throwing game that can be played (safely) inside in a small space.
Improve your skipping skills and teach them someone else	Create a Zumba routine to your favourite song	Can you hop scotch? Find out how to play and make some variations.	Make up a new game without any equipment to play at home or when you're back at school in the playground	Find out about the effects of healthy eating has on sports players and athletes. Can you present them in a fun way?
Make some pom-poms and create a cheerleading routine	Create a Tik-Tok dance challenge	Create your own Olympic torch and pass it in a relay around the family	Do keepy-uppies with toilet roll. What's your best score?	Draw around your hand, foot or head and turn it into what makes a good sports person.

