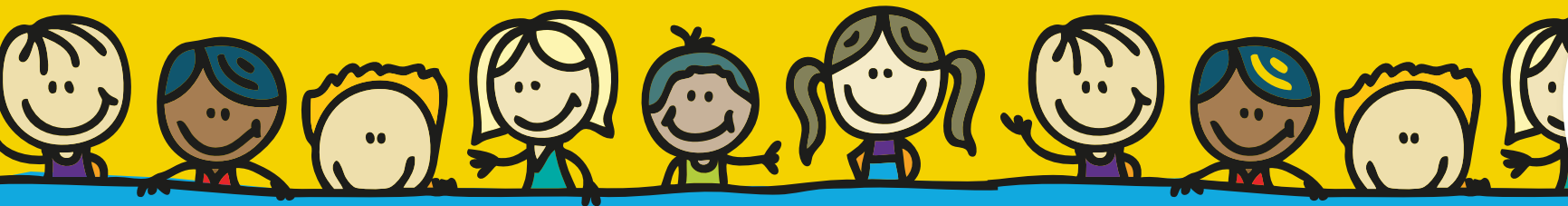
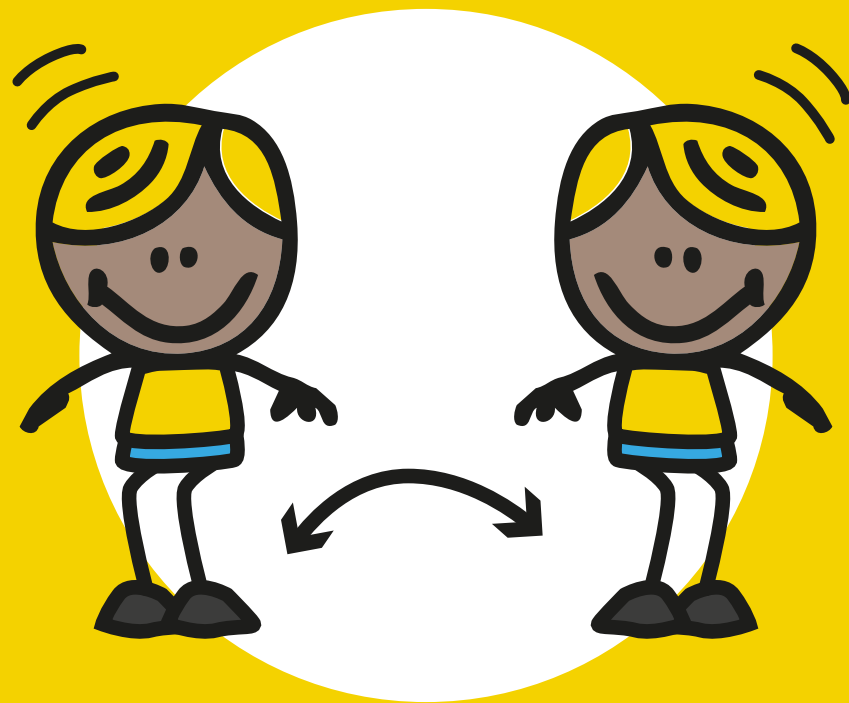
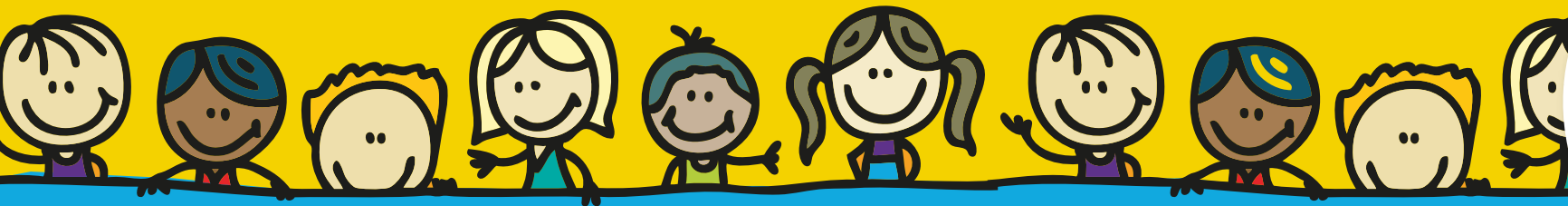
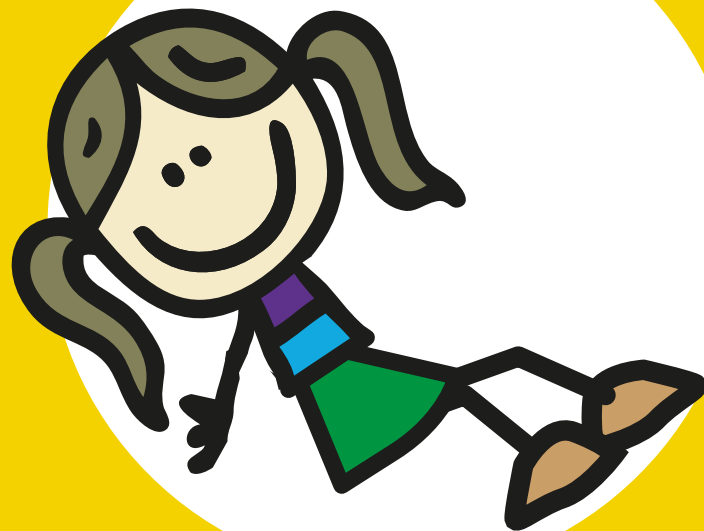


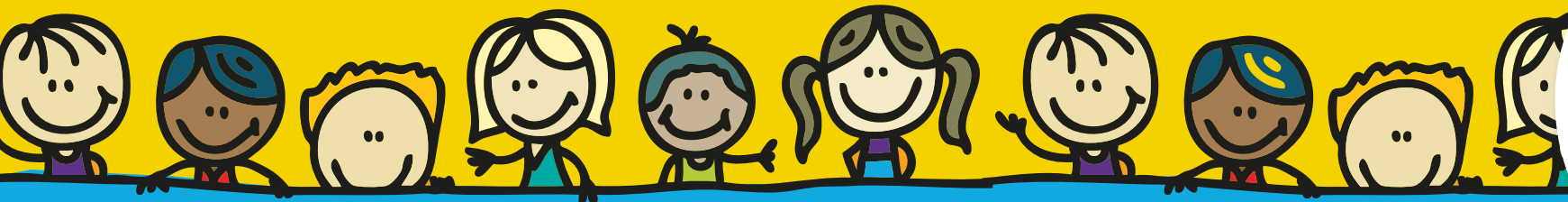
How many side to side jumps
can you do in 1 minute?



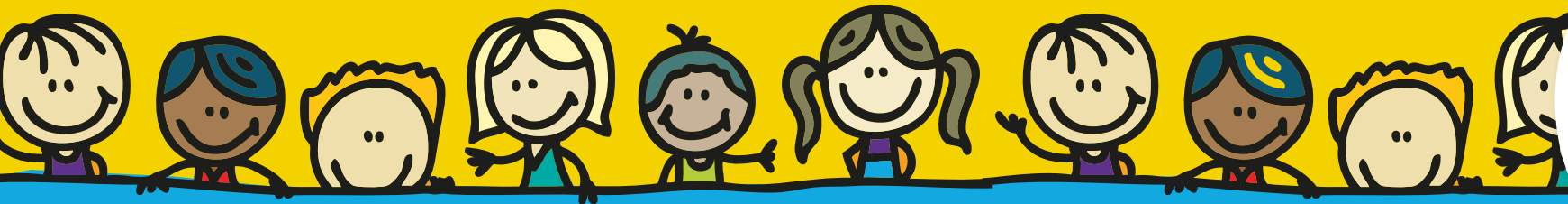
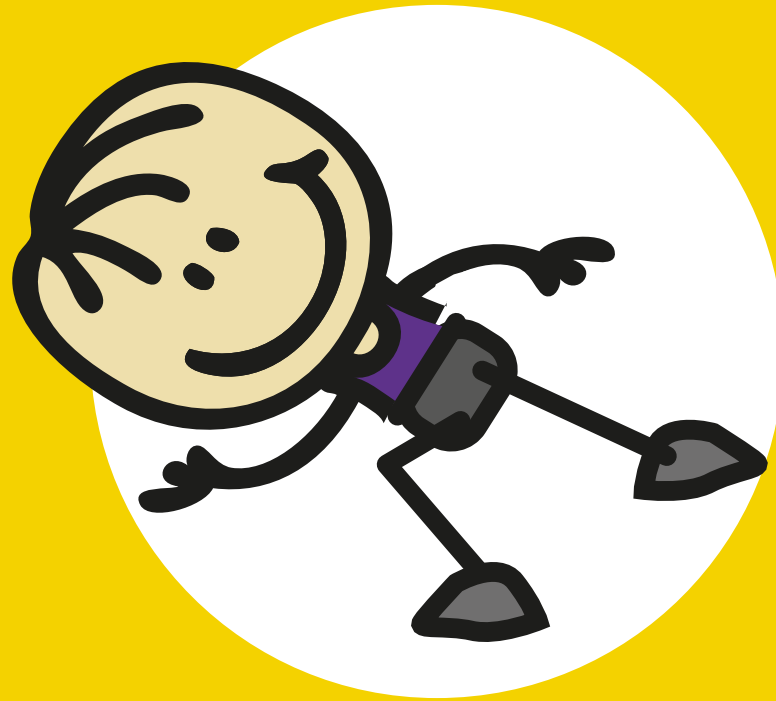
Can you walk like a crab
using your feet and hands?



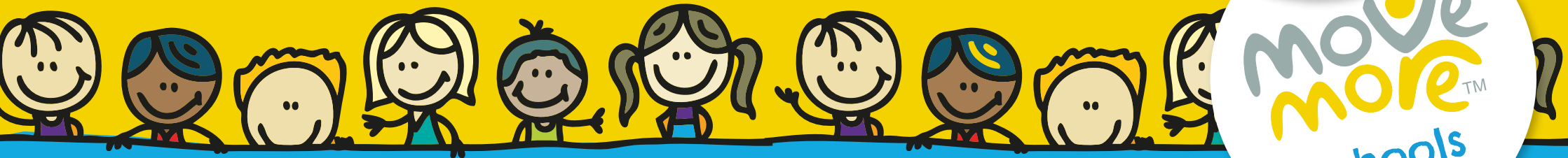
Can you do a Twin?



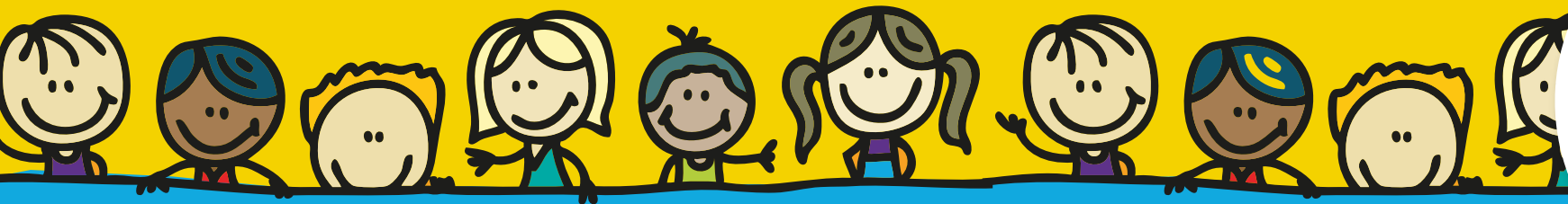
Can you do a Yoga Airplane Pose?



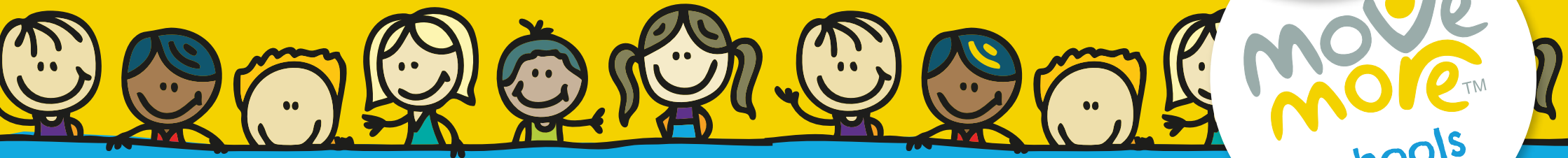
How many single leg hops
can you do in 1 minute?



How many jumping jacks
can you do in 1 minute?



Can you do a Yoga Tree Pose?



How many sit-up high 5's can you do with your partner?

