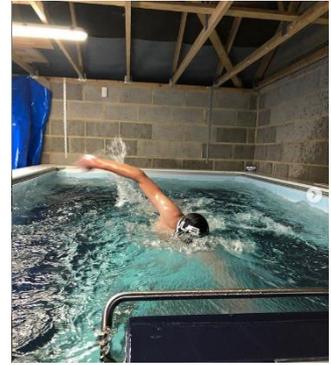


PAINT AL'S WALL COMPETITION

Due to the current lockdown and all swimming pools being shut, Alistair Brownlee had to find a way to continue swimming.

He decided to move his endless pool into his garage so he could continue training. Click the link below to see more:

<https://www.yorkshireeveningpost.co.uk/sport/other-sport/how-olympic-hero-alistair-brownlee-swims-his-garage-beat-lockdown-2538443>



From the photos you can see the walls are very plain, so we came up with an idea...

We want you to create an interesting or inspiring picture that could be painted on the wall

The image will help motivate Alistair when he is getting in and out of the pool or when he is breathing to the side whilst swimming.

The possibilities are endless!

You could create what you like to do when you are being active or a landscape you would like to see when you are out being active...

Don't forget to be creative!

Use paints or crayons or colouring pencils, it can be A4, A3 – whatever you think would work best.

The competition will run until **31st May 2020** and is open to **KS2**

Alistair and Jonny will each choose their **3 most inspiring** images and there will be **one overall winner** which could then be painted on Alistair's wall*

You'll be able to find the shortlisted entries at:
www.thebrownleefoundation.org/paint-als-wall

We'll also share some on our social media, using the handles at the bottom of this page, so keep an eye out!

For the Adults (Parents/ Guardians):

Please complete the design in a landscape format. Once finished, email the design to contact@thebrownleefoundation.org either by scanning it or taking a photo. Please ensure you include the following details:

Name, Age, School, Town/ City

By emailing in an entry, you accept to the Brownlee Foundation being able to publish the image online along with the first name, school and age of entrant.

Facebook
[The Brownlee Foundation](https://www.facebook.com/thebrownleefoundation)

Twitter
[@brownleefd](https://twitter.com/brownleefd)

Instagram
[@brownleefoundation](https://www.instagram.com/brownleefoundation)

*The Brownlee Foundation reserves the right to not paint the final winner's painting on the wall should circumstances prevent it.