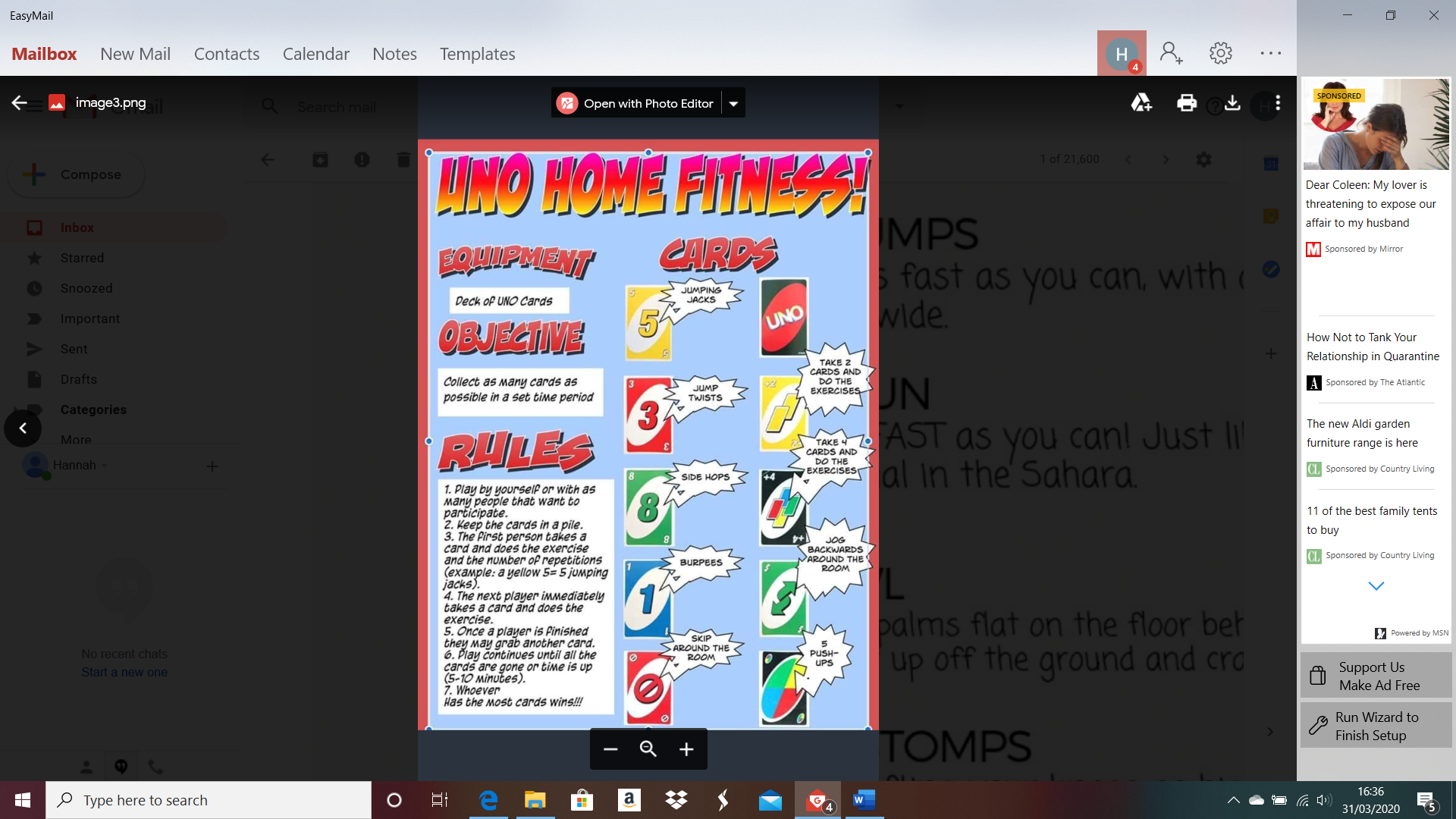
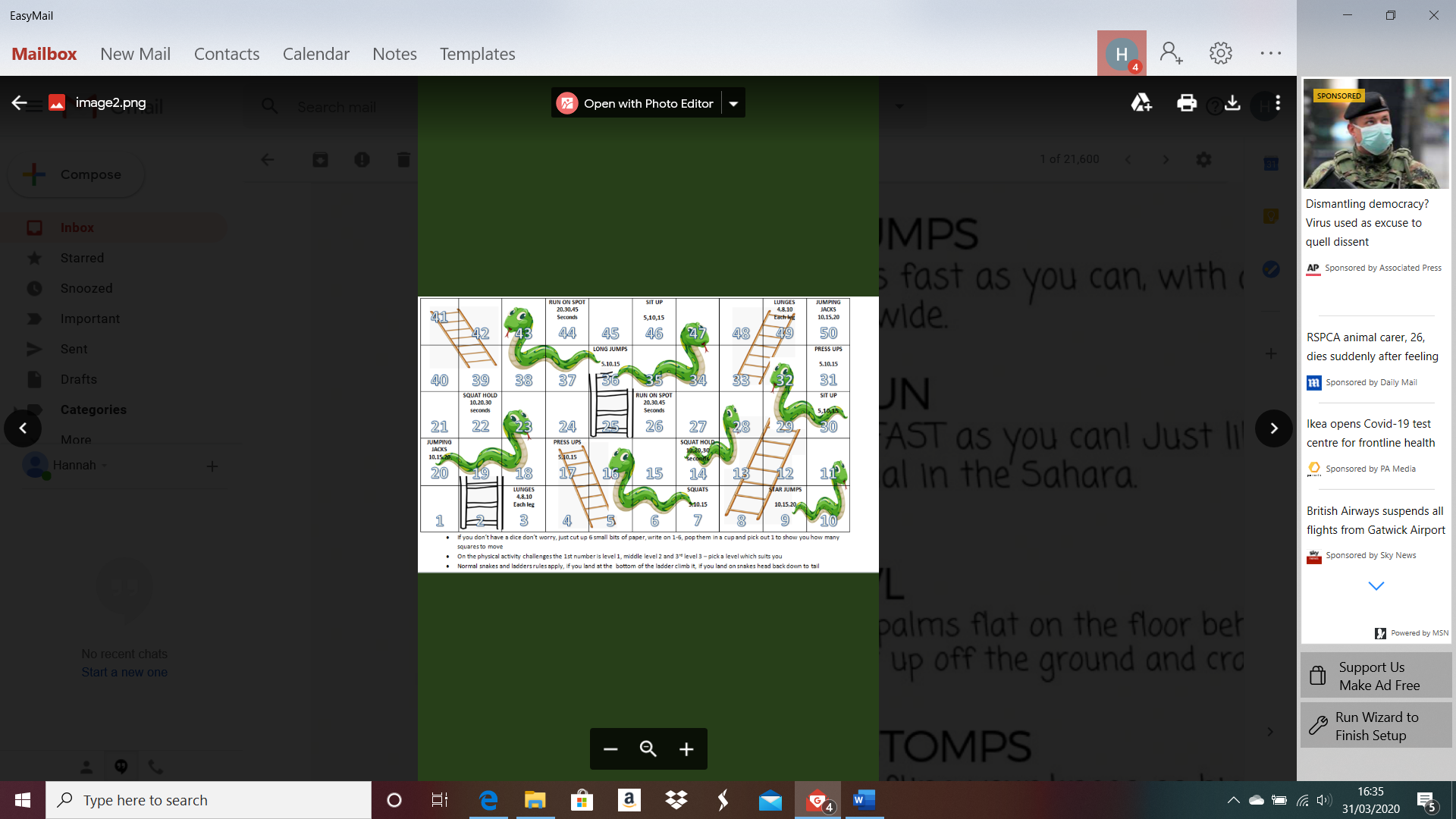
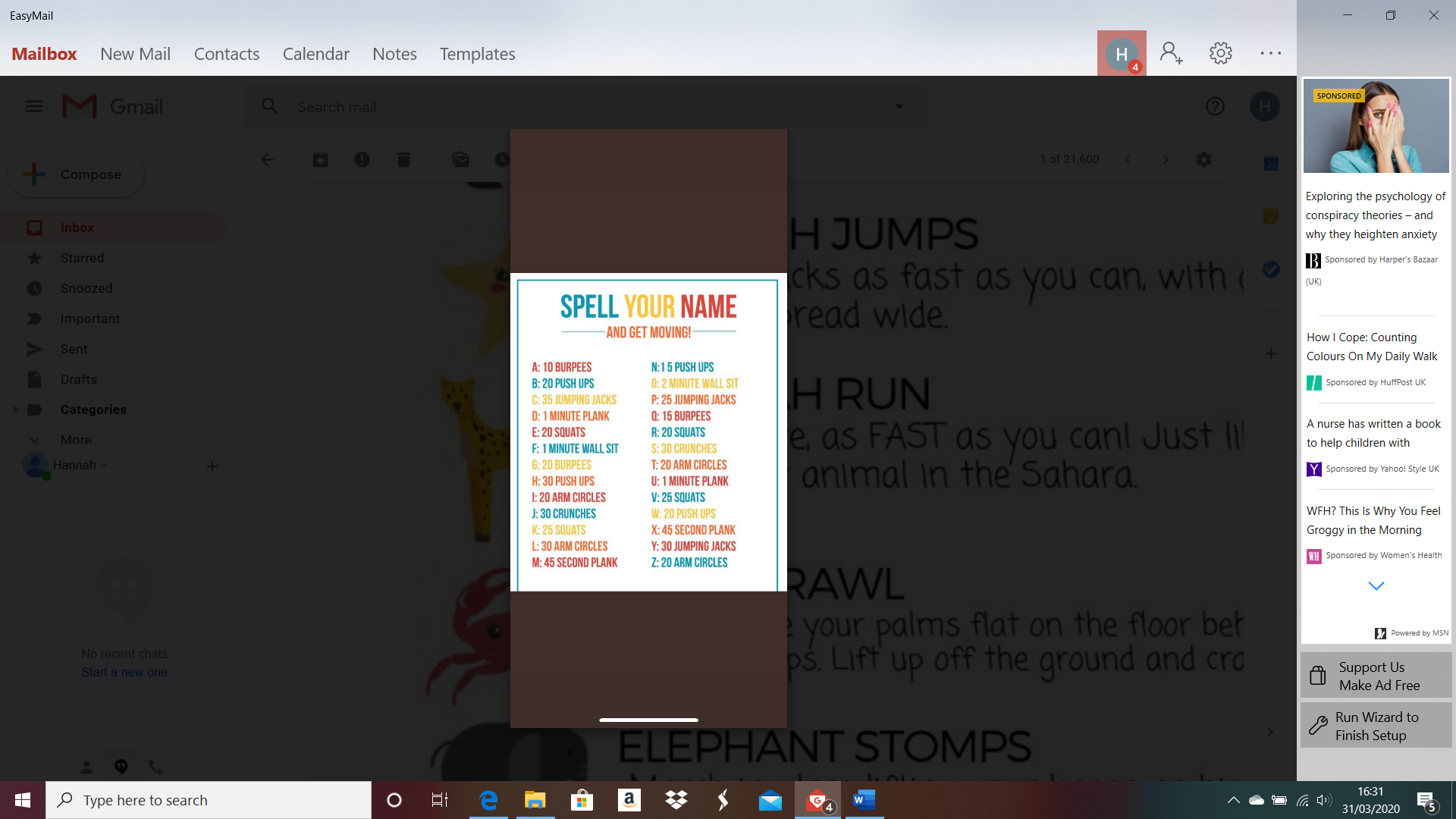
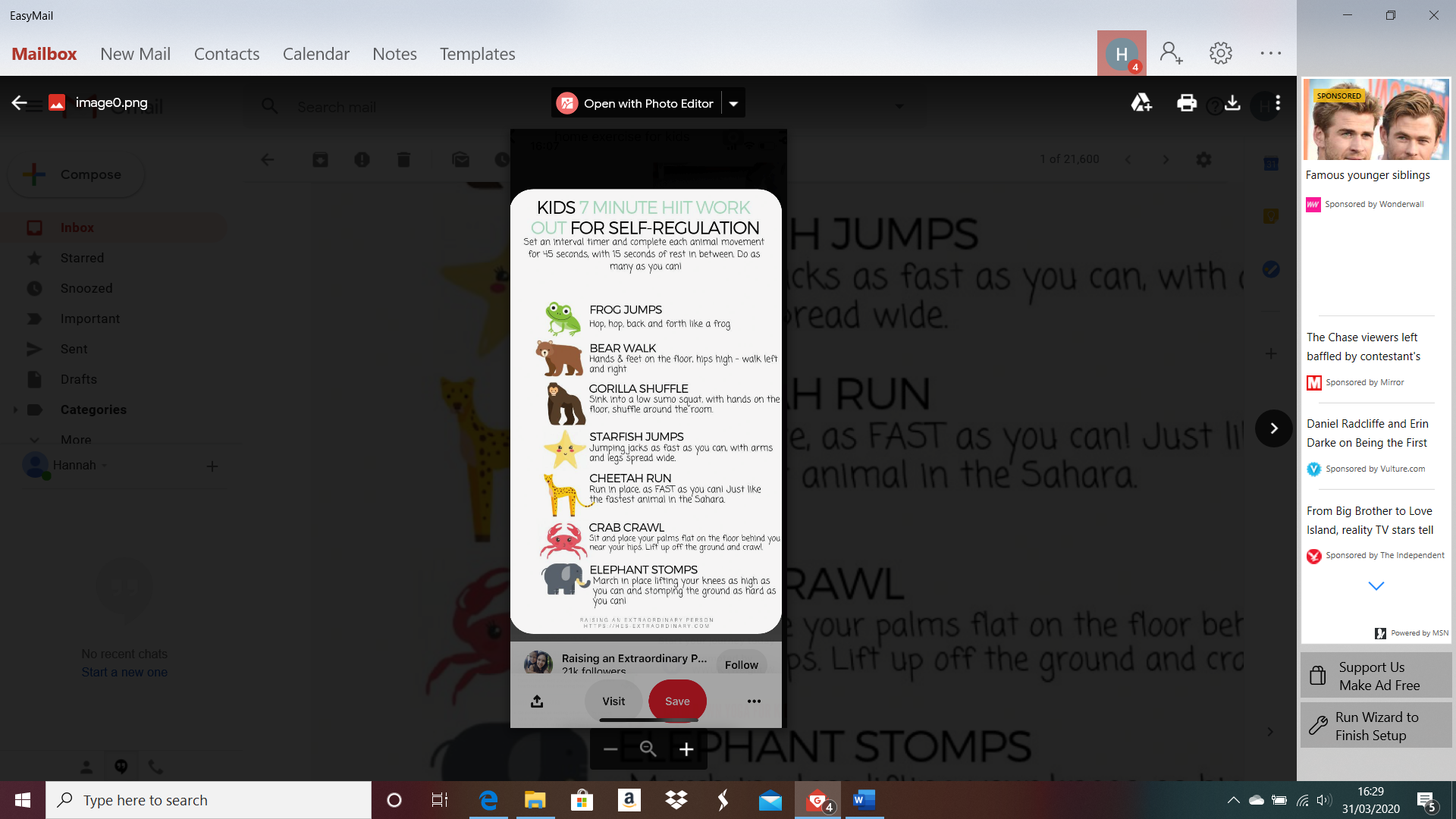
**Weekly challenges to keep children active- 3**

Monday: Snakes and ladders Tuesday: Uno

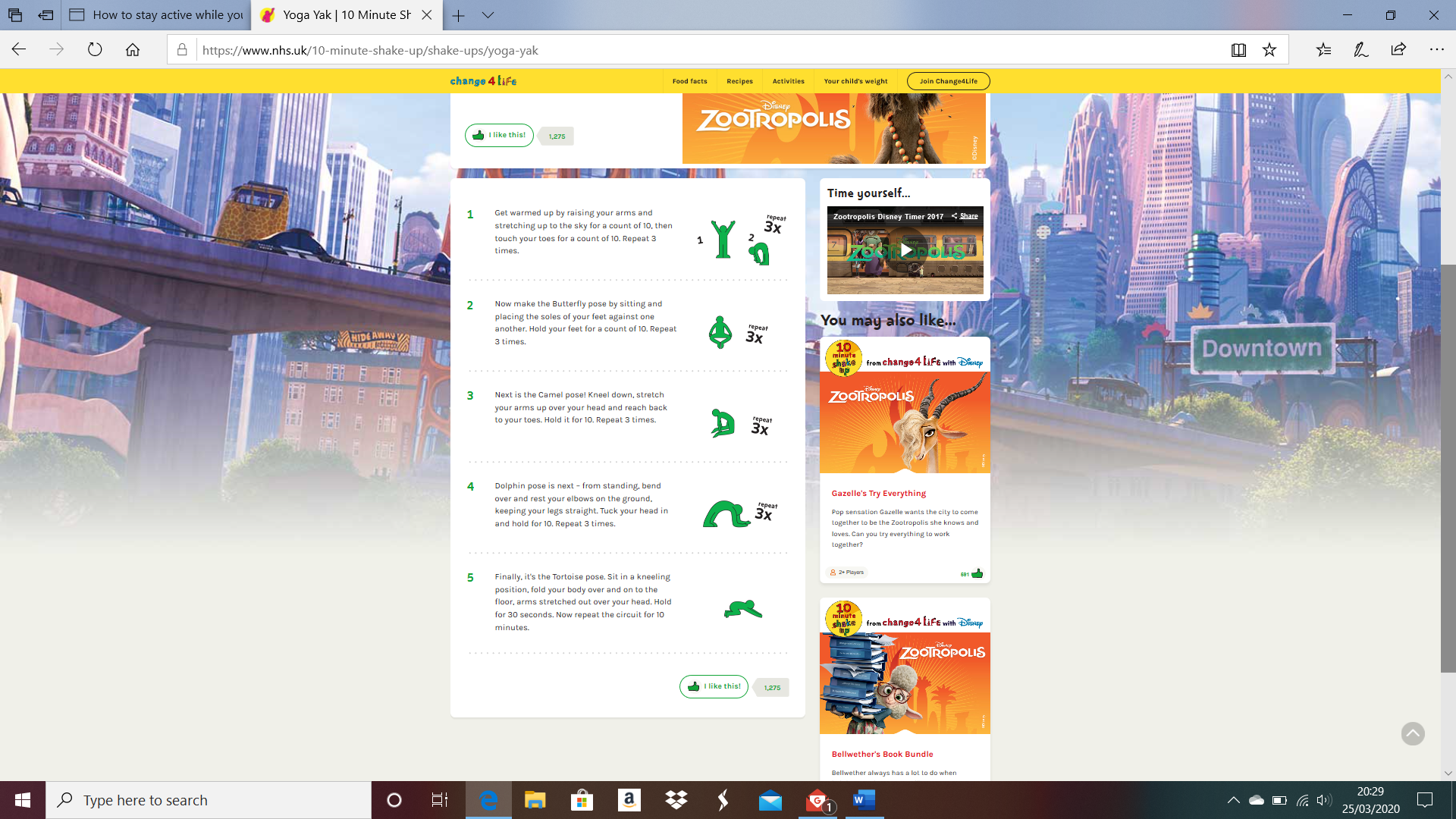


\*if you don’t have uno cards you can make your own

Wednesday: Spell your name Thursday: A day in the zoo



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Friday: Tiddlywinks Weekend wind down: Yoga



\**this game can be adapted if you do not have access*

*to the relevant equipment.*

Make your own racket out of cardboard first.

Use scrunched up paper as balls.

You can make your target out of anything.