



Personal Challenges

Term 3

Send your scores / photos to
collettepriestman@hotmail.com

By 12th February

These can be done at home or at school

There will be prizes available

1. Spell Your Name —

Equipment—None

To take part—Spell your name out either by using the photo or creating your own letter.

Take photos of each letter and put them
on a word document.



2. 60 second shuffle—

Equipment—Place 2 chairs 3m apart

To take part—Start by one chair and sideways shuffle (side step) to the next chair touch it then shuffle back – this would count as 2

How many shuffles can you do in 60 seconds?

3. Scarf Tossing—

Equipment—Scarf

To take part— choose one of the numbered activities and see if you can complete the number stated without dropping it or making a mistake.

How many can you do?





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Entry Form

Name:.....

Year group:.....

School:.....



Which challenge or challenges did you participate in? (please tick)

1. Spell your name—

Photos sent Yes / No

2. 60 Second Shuffle—

How many Shuffles in 60 seconds?

3. Scarf Tossing—

Activity 1 How many?

Activity 2 How many?

Activity 3 How many?

Activity 4 How many?

Activity 5 How many?

Activity 6 How many?

Do you give permission for the photos to be used on social media—AVSSP FaceBook page? (only first names will be used) Yes / No

Signed parent / guardian

Send to collettepriestman@hotmail.com by 19th December