**Health Regeneration Fund for Schools**

**In association with Steve Bernard Foundation & School Games**

**Project Outline:**

The CV-19 pandemic of 2020 and specifically the period of lockdown has had a dramatic effect of the physical activity levels of our young people.

This is an opportunity for the students at your school to take a leading role in reviving physical activity in their lives and helping groups who may have been worst affected.

We are offering them the chance to plan their own physical activity related project and to apply for the money to make it happen.

The project can be anything as long as it aims to help a targeted group of students at their school to be more physically active. (Please see below examples of possible projects).

**Criteria**:

* This can be during curriculum time or extra-curricular
* Funds can be used to pay for staffing or equipment needs (maximum amount £300)
* Any students can be involved as long as they have been identified by staff (successful applicants will be asked for some basis anonymous data once the project is running eg number of students involved, gender etc)

**How to apply?**

Ask the students to complete the attached application form and return it to Sarah Dunsford [sarah.dunsford@avonbourneacademy.org.uk](mailto:sarah.dunsford@avonbourneacademy.org.uk) by 11th December 2020.

**One application per school**.

**What happens next?**

All applications will be considered by a group from the Steve Bernard Foundation and Dorset School Games. Funding will be allocated and applicants will be contacted.

Once your project is in progress some evidence will be requested to complete the process.

We look forward to receiving your applications, for more information please contact us.

Thank you

Jacques Bernard- Steve Bernard Foundation

Sarah Dunsford- School Games- sarah.dunsford@avonbourneacademy.org.uk

Examples of possible projects:

Project 1- Project targeting a group of Year 4 girls who feel anxious being back in school after lockdown. Funding pays for a member of ELSA trained staff to organise a multi activity lunchtime club for them and some new equipment.

Project 2- A project to support a group of Year 7/8 boys who did little or no exercise over lockdown. A football coach is funded to run an extracurricular club on an outdoor court for a term and provide a community club link for the future.

Project 3- A project to provide new equipment to create zoned active playgrounds in a infant school targeting KS1 children and developing their social skills outside of the classroom.