

Step into Sport Inclusive Leadership



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Step into Sport Youth Leadership Camps focus on the development of leadership skills in young people with SEND, with an increased emphasis on further training and deployment opportunities in workforce specific roles.

Welcome to your Step into Sport virtual course



Outcomes



- Develop and improve leadership skills
- Feel confident to deliver/support inclusive and engaging activities to all young people
- Identify opportunities within their schools and communities to get involved with and make positive change



Young Leaders will develop skills such as: Creativity, Communication, Planning, Organisation and Decision-Making.

Step into Sport will give young people the opportunity to develop behaviours such as: Aspirations, Enthusiasm, Responsibility, Curiosity and Confidence.

The Youth Sport Trust believes every young person should be supported through PE, sport and play to develop their personal leadership capabilities. Through a range of leadership experiences, young people can acquire skills and learn behaviours which not only develop them as individuals but as drivers of change for others.



Virtual Pre-recorded Modules

All modules have been pre-recorded.

You can complete the modules in your own time.

Please use and complete the workbook (find this via the click here button below) as evidence of completing the course.

Please send completed booklets to collettepriestman@hotmail.com to receive your certificate of attendance.

→ [Click here](#) for the support material and resources you will need to complete your Step into Sport virtual course.

(You should see this page).

Complete all 4 sessions.

Step into Sport – Virtual Pre-Recorded

Step into Sport (SIS) Youth Leadership Camps focus on the development of leadership skills in young people with SEND, with an increased emphasis on further training and deployment opportunities in workforce specific roles. For an overview of the programme. [Click here](#).

With the current Covid 19 restrictions in place in many schools, the Youth Sport Trust in collaboration with Lead Inclusion Schools and Athlete Mentors have developed content (links below) to support you in providing virtual delivery of the programme, ensuring young people are able to continue to access inspiring and meaningful leadership opportunities during this time.

We recommend you ensure every young leader who is taking part in the Camps has a version of the SIS Workbook. [Click here](#)

Please use the following pre-recorded videos for delivering your Camps. The videos have been designed to support schools in this delivery and will prompt staff to pause the video at certain parts to deliver particular activities.

1. **Introduction & Welcome** [Click here](#)
2. **Session 1 - Youth Voice - Empowering Leadership** [Click here](#). For YST Youth Board Member stories [Click here](#) & [Click here](#)
3. **Session 2 - The SMILES framework & STEP model** [Click here](#)
4. **Session 3 - Care carousel – Engaging Activities** [Click here](#)

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Any issues or problems please feel free to e mail -
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