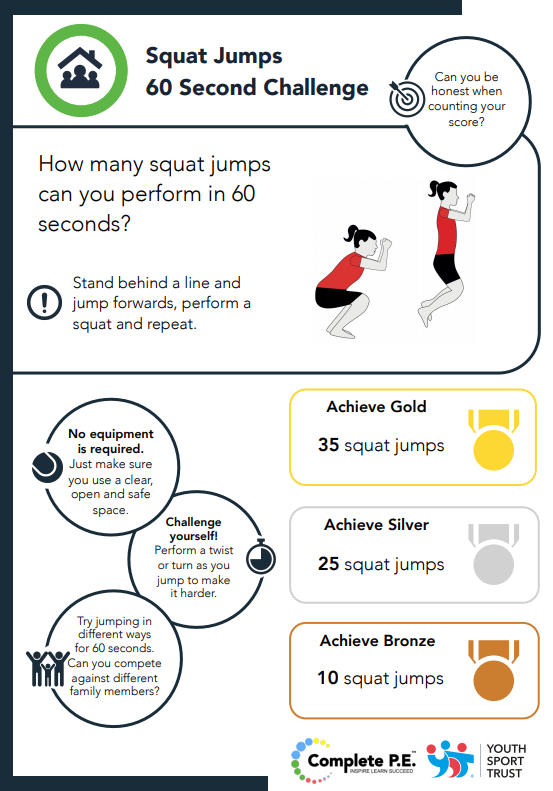
**PRIMARY & SECONDARY 60 SECOND SCREEN BREAK ACTIVITIES**



Ensure you take regular breaks from your screen – try out these activities – record your attempts on the Tracking Sheet - can you beat your own scores?

**Week 3**

**Contact: Angela Daniel**

[a.daniel@grange.outwood.com](mailto:a.daniel@grange.outwood.com)

**Twitter @SGOOutwood**

**www.yourschoolgames.com/sgo/outwwood-grange**