

2019
SCHOOL
GAMES

Year 3/4 Key Steps Gymnastics Competition

Tuesday 19th March 2019

Venue - Manchester Basketball Centre

Competition Pathway

1 SGO Area/Borough Event
Open to all schools in the area/borough with the winning school from each borough being invited to the School Games County Final

NB. An athlete can only represent their school in one event at the Greater Manchester School Games County Finals

2 Greater Manchester School Games County Final

This stage of the competition is organised by the Gymnastics England and comprises 10 schools representing the boroughs of Greater Manchester

Teams

Players must be from year 3 and/or year 4
Teams should have a maximum of 5 gymnasts with only 4 scores counting towards the end result.
There must be a minimum of 2 boys or 2 girls in the team, a ratio of 3:2

Clothing

This is a foundation level competition and as such gymnasts should wear t-shirt and shorts – leotards should not be worn.

Competition Format

Each gymnast will be required to perform 3 routines.
See Section 2 of the Key Step Competition Pack

Step 2 - Floor Exercise

Key stage 2 - Years 3 & 4

Step 2 - Vault

Key stage 2 - Years 3 & 4

Option A or B can be adopted. Gymnasts will have the option to perform with or without a springboard.

Step 2 - Body Management

Key stage 2 - Years 3 & 4

Scoring

Each gymnast's performance is marked out of 10 for each routine. Having completed the Floor, Vault and Body Management an overall mark out of 30 will be given.

The top 4 individual scores from the 5 gymnasts competing will count towards the overall team score.
The overall Top 3 Individual gymnastic scores will also win the individual competition.

Judging - Vault

Vaults will be judged from 10.00 marks.

The vault will be performed as laid out in the Step 1 vault card.

Gymnasts will have 2 attempts with the best mark counting.
Marks will be deducted depending on the size of the mistake i.e. a 0.1 - 0.2 deduction for a small mistake, a 0.5 mark deduction for a large mistake.

Judging - Floor & Body Management

Each sequence is judged from 10.00.

The floor sequence is a 'set' sequence which gymnasts must perform the movements exactly as written.

Each skill in the sequence has a value of 1.00, if a skill is missed they automatically lose 1.00 mark.

Marks will be deducted depending on the size of the mistake i.e. a 0.1 - 0.2 deduction for a small mistake, a 0.5 mark deduction for a large mistake

For further information on judging see section 4 of the Key Step Competition Pack

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Entry deadline

Friday 1st March

If you enter past this deadline your school will not appear in pre-press material

Please submit the names of all children taking part and **only** bring 5 children

Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

Accompanying Resources

The Key Step Gymnastics competition resource has been put together by Gymnastics England in response to numerous requests for a competition framework for 'grass-roots' development in Primary schools. Each pack contains the following:

Key Steps resource packs are available from British Gymnastics
<https://secure.british-gymnastics.org/shop/>

Health & Safety

Before all matches this must be read and adhered to: Players can't play if they are barefoot or in unsuitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

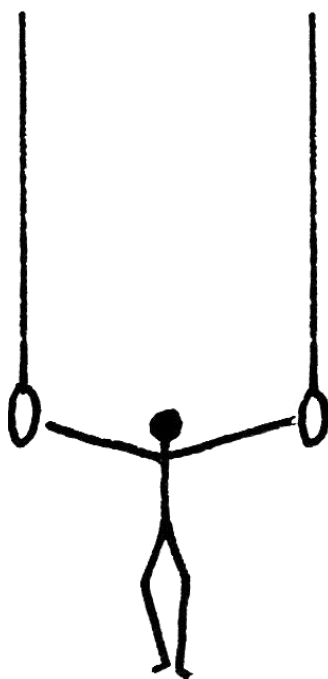
All players are advised to warm up appropriately before each match.

When not competing, players must remain off the court and not get in the way or distract officials

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.

Please ensure students have been briefed on health and safety.



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