

2019
SCHOOL
GAMES

Year 4/5 Swimming

Tuesday 19th March 2019

Venue - East Manchester Leisure Centre

Competition Pathway

1 **SSP/Borough Stage**
Primary Schools within an SGO area/Borough will be encouraged to enter the first stages of the competition at a venue local to their school. These events can combine activities from Aquasplash as well as more traditional races. The winning school team from the Borough will then be invited to the School Games County Final.

2 **Greater Manchester School Games County Final**

This stage of the competition is organised in partnership with the ASA and comprises of 10 schools representing the 10 boroughs of Greater Manchester.

NB. An athlete can only represent their school in one event at the Greater Manchester School Games County Finals.

Teams

Players must be from year 4 and/or year 5.
Boys and girls will compete separately.
Each team must consist of 4 swimmers with each team member taking part in a maximum of 3 events - 1 individual and 2 relay races and the canon relay race.

Competition Format

A suggested format has been produced by the ASA to ensure a level of consistency; however there can be a degree of flexibility in running SGO/Borough level competition.
In each race category, points will be awarded to swimmers depending on where they finish in their particular race/the time that they receive.
All events will be heat declared winner. Each event may have either one or two heats, depending on numbers of entries. Points will be awarded from 10 for the winner (if ten teams are competing) down to 1 for the last place.
No points will be given following disqualification.
At the conclusion of the event, all points will be totalled up and the school team which accumulates the most number of points will be pronounced the winners.

General Race Rules

Starting

All starts are to take place in the water.
If any swimmer starts before the signal has been given or is moving when the starting signal is given it shall be a false start and that individual will be disqualified on conclusion of the race.

Backstroke

Swimmers will start, swim and finish on their backs.

Breaststroke

We encourage swimmers to finish with a 2 handed touch as per ASA law, but flexibility will be cautioned within this rule.

Freestyle

Freestyle means the swimmer may swim any style they wish.

Medley Relay

A medley relay is swum by four different swimmers, each swimmer swimming one of three strokes. The order of which is as follows: Backstroke, Breaststroke, Free, Free.

Freestyle Relay

Freestyle means the swimmers may swim any style they wish.

Faulty takeovers will be disqualified.

ALL RELAY RACES TO START AT THE 'FINISH' END OF THE POOL.

Canon Relay

To include all competitors and swum with alternate boy/girl.

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Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

Entry deadline Friday 1st March

If you enter past this deadline your school will not appear in pre-press material

Health & Safety

Before all matches this must be read and adhered to: Players can't play if they are barefoot or in unsuitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

When not competing, players must remain off the court and not get in the way or distract officials

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when not swimming. During this time they can watch and encourage their fellow team members. Behaviour of pupils will be the responsibility of the team manager/school representative.

In an emergency the team managers will be expected to keep calm and maintain discipline and follow guidance given by the centre staff and event officials. Please ensure that your pupils have been thoroughly briefed with regards to health and safety.



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