

## David Lloyd Leisure - Generic Risk Assessment

Name of Outlet: ..... Date: ..... Signature: .....

WHAT IS BEING ASSESSED: **Swimming Pools – Indoor – Supervised Sessions**

Where is the hazard likely to be encountered	Who is at risk?	What is the risk?	What is the risk rating?	What precautions are required?
Use of pool	Pool users	Drowning due to inability to swim or accidents in pool	M	<p>Strict supervision of pool usage by competent/trained employees (Lifeguards) at designated times as indicated by pool usage of children or people with known disabilities.</p> <p>One Lifeguard must be present for every 50 pool users. The bather load is monitored and access restricted if overcrowded conditions occur, allowing each bather at least a water surface area of 2.7m<sup>2</sup> (Swimming Pool Water 1999). Access is restricted when 80% of the maximum bather load is reached.</p> <p>Lifeguards are aware of issues of glare and must ensure their backs are to any areas of exposed glazing. Anti reflective glazing to reduce the effects of glare.</p> <p>Lifeguards supervise the pool by patrolling using the 10:20 standard system.</p> <p>To ensure concentration is maintained Lifeguards require regular change of duty breaks. Lifeguards should spend no longer than 60 minutes (in line with RLSS UK guidance) supervising the pool without a change of duty.</p> <p>Qualified Emergency Responders are present within the club to assist Lifeguards in conducting emergency procedures.</p> <p>Lifeguards who are engaged in any other forms of employment either within or outside the company must discuss this with their line manager. The Health &amp; Safety Officer must monitor the effects of other employment to ensure it does not impede the ability of the Lifeguard to perform diligently.</p> <p>Lifeguards wear red and yellow uniform to make them easily identifiable to pool users.</p> <p>Lifeguards are monitored by the Senior Manager on Duty on a regular basis whilst on poolside to ensure that their behaviour is appropriate and they are complying with their duties.</p> <p>The Health &amp; Safety Officer conducts a specific young person risk assessment for all Lifeguards who are under the age of 18. The results of such risk assessments are implemented.</p> <p>Emergency Response qualified employees are available to assist the Lifeguard if they are required to conduct a pool water test, visit the pool store or leave poolside briefly for whatever reason.</p> <p>Children under the age of 12 years of age must be accompanied and directly supervised by an adult at all times whilst using the</p>

				<p>pool area. Children who are non swimmers and under 8s must be supervised in the water. A maximum ratio of 1 adult to every 3 children is monitored and enforced.</p> <p>The use of the pool is restricted to members and their guests.</p> <p>Provision of adequate rescue equipment which is checked daily (Pool side manual).</p> <p>Provision of assistance alarms which are tested daily.</p> <p>Pool usage rules/information prominently displayed on poolside and brought to the attention of new members. Pool rules stated within the member handbook.</p> <p>Restricted child access to pool area by the provision of high handed doors to poolside which are latched and hinged inwards towards the locker rooms.</p> <p>No admittance to poolside after consuming excess alcohol or consuming a heavy meal.</p> <p>First aid equipment available at all times.</p> <p>Lifeguards attend regular monthly Lifeguard training &amp; assessment sessions to ensure their competencies remain high. Emergency Response qualified team members attend training at least every quarter.</p> <p>Emergency procedures in place, communicated and practised by all relevant staff regularly in line with Lifeguard training. Full club evacuations are conducted and documented every six months.</p> <p>Lifeguards actively enforcing the pool rules and offering guidance to members and their guests.</p> <p>Swimmers discouraged (signage &amp; lifeguard enforcement) from swimming distances underwater, hyperventilating and prolonged breath holding to mitigate the risk of shallow water blackout.</p> <p>Individuals with disabilities that require the assistance of a carer/personal assistant can only use the pool if their carer/personal assistant is accompanying them.</p> <p>Strict supervision of pool usage by competent/trained employees at designated times as indicated by pool usage of children or people with known disabilities.</p> <p>One Lifeguard must be present for every 50 pool users.</p> <p>Lifeguards supervise the pool by patrolling using the 10:20 standard system.</p> <p>Emergency Response qualified employees are available to assist the Lifeguard if they are required to conduct a pool water test, visit the pool store or leave poolside briefly for whatever reason.</p>
Use of pool	Pool users	Injury from inappropriate use of pool or pool aids	M	

				<p>Children under the age of 12 years of age must be accompanied and directly supervised by an adult at all times whilst using the pool area. Under 8s must be supervised in the water. A maximum ratio of 1 adult to every 3 children is monitored and enforced.</p> <p>The use of the pool is restricted to members and their guests.</p> <p>Pool usage rules/information prominently displayed on poolside and brought to the attention of new members. Pool rules stated within the member handbook.</p> <p>No admittance to poolside after consuming excess alcohol or consuming a heavy meal.</p> <p>Lifeguards actively enforcing the pool rules and offering guidance to members and their guests.</p> <p>Pool water quality regularly monitored and recorded at the prescribed periods.</p> <p>Micro biological water testing conducted once per month.</p> <p>Weekly balanced water testing completed by the club Maintenance Technician.</p> <p>Users are encouraged to shower before using the pool.</p> <p>Procedures are in place to address issues relating to pool contamination and faecal contamination.</p>
Use of pool	Pool users	Illness caused by poor water quality	L	<p>Any electrical equipment used within the pool area must be fitted with a RCCD. Portable electrical equipment used wherever possible to further reduce the risk.</p> <p>All electric fixtures and fittings meet the building regulations (distance away from water, voltage reductions etc) and are of a good quality and are in good repair.</p>
Operation of electrical equipment/supply in pool side area	<p>Members</p> <p>Members' Guests</p> <p>Employees working or visiting pool areas</p> <p>Visitors</p> <p>Unauthorised Persons</p>	<p>Electrocution from equipment/electrical supply in pool area</p>	L	<p>Correct use of swimming lanes to ensure correct rotation and circulation of bathers which is reinforced by signage.</p> <p>High standards of housekeeping in pool areas maintained to reduce the risk of slips, trips and falls, and cleaning carried out as per cleaning rotas. Excess water swept regularly from the pool surround to prevent water pooling.</p> <p>If the pool surround is susceptible to slippery surfaces a gripping product is applied to the pool surround tiling.</p>
Use of pool side areas	<p>Members</p> <p>Members' Guests</p> <p>Employees working or visiting pool areas</p> <p>Visitors</p> <p>Unauthorised Persons</p>	<p>Muscular Skeletal Injuries caused by slips trips and falls, collisions between bather and collisions with the pool surround.</p>	M	<p>Signage noting the pool depth and no diving is displayed on poolside.</p>
Use of pool	Pool users	Spinal injury caused by diving in to shallow water	M	

			No diving policy noted with the member handbook. Lifeguards actively enforce the no diving policy and offer guidance to members as appropriate.
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<b>What is the overall risk when precautions are followed</b>		<b>RISK RATING SCALE</b>	
*HIGH	*MEDIUM	*LOW	L = Possible occurrence, but rarely reported cause of injury or accident M = Occasional occurrence, not unknown as a reported cause of injury or Accident H = High occurrence, most frequently reported as cause of injury or Accident
*underline as appropriate			

**WHEN SHOULD THE RISK ASSESSMENT BE REVIEWED?**

- Ongoing using the safety check process
- If an accident or injury occurs and investigation establishes precautions were followed but inadequate
- Following refurbishment or substantial alteration to premises

**REVIEWED / AMENDMENT DATES**

Signed.....Date.....Signed.....Date.....Signed.....Date.....